

November 2024



Connections

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10:00 AM Strengthening Exercise with Claudia (SF) 11:00 AM Meditation Club (SF) 11:30 AM Skit Reading (SF) 1:00 PM Quiet Time 1:30 PM Landow Singers with Jiyoung (TH) 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (TH)	10:30 AM Shabbat Services (TH) 1:00 PM Quiet Time 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 3:00 PM Table Top Games 4:00 PM Classic Movies 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
3	4	5	6	7	8	9
10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Karaoke with Joyce (SF) 3:00 PM Tea & Cookies Social (L&C)	10:00 AM Chair Dance with Marcy (SF) 11:00 AM Travel Experience with Mariah (SF) 1:00 PM Quiet Time 1:30 PM Trio's Travelogue from Tennessee and Maine with the Trio (TH) 2:45 PM Music with Joanna 4:00 PM Table Games : Scrabble & Puzzles (SF)	10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 1:00 PM Quiet Time 1:30 PM Musical Entertainment (TH) 3:00 PM Word Games 3:30 PM Exercise with Taylor 4:00 PM Bingo (SF)	10:00 AM Workout with Lori (SF) 11:00 AM Mind Joggers 1:00 PM Quiet Time 1:30 PM Instruments of the World with Joanna (TH) 3:00 PM Arts & Crafts 4:00 PM Stories & Reminiscence (BCAT) (SF)	10:00 AM Dance Exercise with The Clancy Works Company (SF) 11:00 AM Music & Poetry with Nyah and Lauren (TH) 1:00 PM Quiet Time 2:00 PM BCAT Reminiscing Stories 3:00 PM Exercise Class with Taylor 4:15 PM Music with Lauren	10:00 AM Strengthening Exercise with Claudia (SF) 11:00 AM Meditation Club (SF) 11:30 AM Skit Reading (SF) 1:00 PM Quiet Time 1:45 PM Helaine's Show! with Jiyoung (TH) 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service TH	10:30 AM Shabbat Services (TH) 1:00 PM Quiet Time 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 3:00 PM Table Top Games 4:00 PM Classic Movies 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
10	11 VETERANS DAY	12	13	14	15	16
10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Double Play Concert TH 3:00 PM Tea & Cookies Social (L&C)	10:00 AM Exercise Class with Mariah (SF) 11:00 AM Echoes Of Nature (SF) 1:00 PM Quiet Time 1:30 PM Celebrating our Veterans with the Trio (TH) 2:45 PM Music with Lauren 4:00 PM Family Feud Game with Nyah (SF)	10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 1:00 PM Quiet Time 2:00 PM Torah Talk with Rabbah Arlene (SF) 3:00 PM Word Games 3:30 PM Exercise with Taylor 4:00 PM Let's Talk About It (SF)	10:00 AM Workout with Lori (SF) 11:00 AM Mind Joggers 1:00 PM Quiet Time 1:30 PM The Entertaining Style of Cab Calloway with Joanna (TH) 3:00 PM Arts & Crafts 4:00 PM Stories & Reminiscence (BCAT) (SF)	10:00 AM Dance Exercise with The Clancy Works Company (SF) 11:00 AM Drum Circle with Lauren (TH) 1:00 PM Quiet Time 2:00 PM BCAT Reminiscing Stories 3:00 PM Exercise Class with Taylor 4:15 PM Music with Lauren	10:00 AM Strengthening Exercise with Claudia (SF) 11:00 AM Meditation Club (SF) 11:30 AM Skit Reading (SF) 1:00 PM Quiet Time 1:30 PM I Left My Heart in San Francisco with Nancy and Jiyoung (TH) 3:00 PM Monthly Birthday Celebrations Social 4:00 PM Shabbat Service (TH)	10:30 AM Shabbat Services (TH) 1:00 PM Quiet Time 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 3:00 PM Table Top Games 4:00 PM Classic Movies 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
17	18	19	20	21	22	23
10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Karaoke with Joyce (SF) 3:00 PM Tea Social & Cookies (Café)	10:00 AM Exercise Class with Mariah (SF) 11:00 AM Landow News Feeds with Nyah and Claudia (SF) 1:30 PM Tchaikovsky's season's with the Trio (TH) 2:45 PM Music with Jiyoung 4:00 PM You Be the Judge Stories (SF)	10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 1:00 PM Quiet Time 2:00 PM Guitar Music with Vladimir (TH) 3:00 PM Word Games 3:30 PM Exercise with Taylor 4:00 PM Bingo (SF)	10:00 AM Workout with Lori (SF) 11:00 AM Mind Joggers 11:00 AM Current Events with Judy Cohen (SF) 1:00 PM Quiet Time 1:30 PM The Life, Comedy and Music of Mel Brooks with Lauren (TH) 3:00 PM Arts & Crafts 4:00 PM Stories & Reminiscence (BCAT) (SF)	10:00 AM Dance Exercise with The Clancy Works Company (SF) 11:00 AM Trumpet Styles with Madelyn with Madelyn and Lauren (TH) 1:00 PM Quiet Time 2:00 PM BCAT Reminiscing Stories 3:00 PM Exercise Class with Taylor 4:15 PM Music with Lauren	10:00 AM Strengthening Exercise with Claudia (SF) 11:00 AM Meditation Club (SF) 11:30 AM Skit Reading (SF) 1:00 PM Quiet Time 1:30 PM Choral Masterworks with Jiyoung TH 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (TH)	10:30 AM Shabbat Services (TH) 1:00 PM Quiet Time 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 3:00 PM Table Top Games 4:00 PM Classic Movies 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
24	25	26	27	28 THANKSGIVING DAY	29	30
10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Karaoke with Joyce (SF) 3:00 PM Tea & Cookies Social (L&C)	10:00 AM Exercise Class with Mariah (SF) 11:00 AM Mariah & Martha's Presentation (SF) 1:30 PM My Life Journey in Photography with Marc (SF) 2:45 PM Music with Lauren (TH) 4:00 PM Current Events & Discussions with Shirley (SF)	10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 1:00 PM Quiet Time 2:00 PM Torah Talk with Rabbah Arlene (SF) 3:00 PM Word Games 3:30 PM Exercise with Taylor 4:00 PM Let's Talk About It (SF)	10:00 AM Workout with Lori (SF) 11:00 AM Art Workshop with Claudia (AR) 11:00 AM Mind Joggers 1:00 PM Quiet Time 2:00 PM Residents Council (TH)	10:00 AM Strengthening Exercise with Claudia (SF) 11:00 AM Flower Arrangements & Poetry (SF) 1:00 PM Quiet Time 1:30 PM Musical Entertainment for Thanksgiving (TH) 2:30 PM Afternoon Movie (SF)	10:00 AM Exercise with Nyah (SF) 11:00 AM America in Color Documentary (SF) 1:00 PM Quiet Time 1:30 PM Landow Singers with Jiyoung (TH) 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (TH)	10:30 AM Shabbat Services (TH) 1:00 PM Quiet Time 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 3:00 PM Table Top Games 4:00 PM Classic Movies 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)