

October 2024



Landow House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 AM Dance Class with The Clancy Dance Company (SF) 10:00 AM One on One's Pet Visits with Barry & Bo 10:30 AM Scenic Drive: Frederick View 11:00 AM Mind Joggers with Jeff (SF) 1:30 PM Documentary Black Honey The Life & Poetry of Avraham Sutskever TH 3:00 PM Walking Club with Taylor (LB) 4:00 PM Bingo (SF)	2 10:00 AM Workout with Lori (SF) 11:00 AM Art Workshop with Claudia (AR) 1:30 PM Music for High Holidays with Joanna (TH) 3:00 PM Knitting Club 4:00 PM Erev Rosh Hashanah Service with Rabbah Arlene	3 ROSH HASHANAH 10:30 AM Morning Service with Shofar and Spiritual Tashlich 2:00 PM Discussion Rabbah Arlene and Dr. Alan (SF) 3:00 PM Knitting Club	4 ROSH HASHANAH 10:30 AM Morning Service with Shofar with Rabbah Arlene and Joan 2:00 PM Presentation by Dr. Alan Breitler: The Shofar (SF) 4:00 PM Shabbat Service	5 10:30 AM Shabbat Services 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
6 10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Classic Movie: The Five Pennies (SF) 3:30 PM Tea & Cookies Social (L&C)	7 10:00 AM Chair Dance With Marcy (SF) 11:00 AM Current Events with Judy Cohen 1:30 PM Autumn Serenades with the trio 2:45 PM The Crown Netflix Series: "Dear Mrs. Kennedy" (SF) 3:00 PM Water Color Painting (C-3) 4:00 PM Table Games	8 10:00 AM Resistance Band Exercise with Nyah (SF) 10:00 AM One on One's Pet Visits with Barry & Bo 11:00 AM Mind Joggers with Jeff (SF) 2:00 PM Torah Talk with Rabbah Arlene 3:00 PM Puzzles & Games (C-3) 3:00 PM Walking Club with Taylor (LB) 4:00 PM Let's Talk about it (SF)	9 10:00 AM Workout with Lori (SF) 11:00 AM Landow NewsFeed 1:30 PM Art Workshop with Claudia (AR) 1:30 PM Dances Around the World with Joanna 3:00 PM Life in Photography with Marc and Madelyn Seminoff 3:00 PM Word Games (C-3) 4:00 PM Stories & Reminiscence (BCAT) (SF)	10 10:00 AM Morning Stretch Class with Mariah (SF) 11:00 AM Celebrating Yiddish Musical Traditions with Lauren! 2:00 PM Afternoon Movies: Song Searcher The Life and Times of Moische Beregursky 3:00 PM BCAT Stories (C-3) 3:30 PM Exercise Class with Taylor (SF) 4:00 PM Poetry Inkwell Insights with Nyah (SF)	11 EREV YOM KIPPUR 10:00 AM Music and Movements with Claudia & Jiyoung 11:00 AM Musical Prelude to Kol Nidre with Jiyoung and Joanna (TH) 1:30 PM 3:00 PM Monthly Birthday Celebrations Social 4:00 PM Kol Nidre with Rabbah Arlene and Joan	12 YOM KIPPUR 10:30 AM Morning Service with Yizkor 3:00 PM Discussion with Rabbah Arlene and Dr. Alan 4:00 PM Mincha/Neila with Rabbah Arlene and Joan 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
13 10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Karaoke with Joyce (SF) 3:00 PM Tea & Cookies Social (L&C)	14 10:00 AM Chair Dance with Marcy (SF) 11:00 AM Echoes Of Nature (SF) 1:30 PM Celebrating Indigenous People Day with the trio 2:30 PM Meditation Club 2:45 PM The Crown Netflix Series: "Paterfamilias" (SF) 3:00 PM Water Color Painting (C-3) 4:00 PM Family Feud Game with Nyah (SF)	15 10:00 AM Resistance Band Exercise with Nyah (SF) 10:00 AM One on One's Pet Visits with Barry & Bo 10:30 AM Walk for Wellness at Brookside Gardens 11:00 AM Mind Joggers with Jeff (SF) 2:00 PM Guitar Music with Vladimir 3:00 PM Puzzles & Games (C-3) 3:00 PM Walking Club with Taylor (LB) 4:00 PM Bingo (SF)	16 EREV SUKKOT 10:00 AM Workout with Lori (SF) 11:00 AM Art Workshop with Claudia (AR) 1:30 PM Celebrating Sukkot with Lauren and Jiyoung 2:30 PM Menu Committee 3:00 PM Knitting Club 3:00 PM Word Games (C-3) 4:00 PM Erev Sukkot Service with Rabbah Arlene	17 SUKKOT I 10:30 AM Sukkot Day One Holiday Morning Service 2:00 PM <i>The Origin and Significance of Succot</i> by Dr. Alan Breitler (SF)	18 SUKKOT II 10:30 AM Sukkot Day two Holiday Morning Service with Rabbah Arlene 2:00 PM <i>Waving the lulav and Etrog</i> (CY) 4:00 PM Shabbat Service	19 SUKKOT III 10:30 AM Shabbat Services 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
20 SUKKOT IV 10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Karaoke with Joyce (SF) 3:00 PM Tacy Foundation Performance (TH)	21 SUKKOT V 10:00 AM Sukkot Visit with Rabbi Dan (SF) 1:30 PM Classical traditions: Copeland, Mendelssohn and Shostakovich with the trio 2:45 PM The Crown Netflix Series: "Mystery Man" (SF) 3:00 PM Water Color Painting (C-3) 4:00 PM You Be the Judge Stories (SF)	22 SUKKOT VI 10:00 AM Resistance Band Exercise with Nyah (SF) 10:00 AM One on One's Pet Visits with Barry & Bo 11:00 AM Mind Joggers with Jeff (SF) 2:00 PM Torah Talk with Rabbah Arlene 3:30 PM Outdoors Social & Music (LB)	23 SUKKOT VII 10:00 AM Workout with Lori (SF) 11:00 AM Current Events with Judy Cohen 1:30 PM The Bandleader Harry James with Joanna 2:30 PM Resident Council Erev Shemini Atzeret	24 SHEMINI ATZERET 10:30 AM Shemini Atzeret Holiday Service with Rabbah Arlene 2:00 PM 3:00 PM BCAT Stories (C-3)	25 SIMCHAT TORAH 10:30 AM Simchat Torah/Yizkor with Rabbah Arlene & Joan 4:00 PM Shabbat Service	26 10:30 AM Shabbat Services 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
27 10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 2:00 PM Mini Musicals on the Move Presents: The Music Man 3:00 PM Tea & Cookies Social (L&C)	28 10:00 AM Chair Dance (SF) 11:00 AM Nature Break 2:00 PM Presentation on Elections by Dr. Alan Breitler (SF) 3:00 PM The Crown Netflix Series: Olding (SF) 3:00 PM Water Color Painting (C-3) 4:00 PM Current Events & Discussions with Shirley (SF)	29 10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 1:30 PM American Pianist Presentation by Martha and Mariah: "Kenny Kirkland" 3:00 PM Walking Club with Taylor (LB) 3:00 PM Puzzles & Games (C-3) 4:00 PM Let's Talk about it (SF)	30 10:00 AM Workout with Lori (SF) 11:00 AM Art Workshop with Claudia (AR) 1:30 PM Music Entertainment 3:00 PM Knitting Club 3:00 PM Word Games (C-3) 4:00 PM Stories & Reminiscence (BCAT) (SF)	31 10:00 AM Morning Stretch Class with Mariah 11:00 AM Spooky classical music with Lauren 1:30 PM Afternoon Movie: Fly Me to The Moon 2024 (TH) 3:00 PM BCAT Stories (C-3) 3:30 PM Exercise Class with Taylor (SF) 4:00 PM Dear Linda & Shirley Advice (SF)		