

November 2024



Landow House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10:00 AM Strengthening Exercise with Claudia (SF) 11:00 AM Meditation Club (SF) 11:00 AM One on One's Pet Visits with Barry & Bo 11:30 AM Skit Reading (SF) 1:30 PM Landow Singers with Jiyoung 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service	10:30 AM Shabbat Services 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
3	4	5	6	7	8	9
10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce 1:30 PM Karaoke with Joyce (SF) 3:00 PM Tea & Cookies Social (L&C)	10:00 AM Chair Dance with Marcy (SF) 11:00 AM Travel Experience USA with Mariah: Alabama 1:30 PM Trio's Travelogue from Tennessee and Maine with the Trio 2:45 PM The Crown Netflix Series (SF) 4:00 PM Table Games : Scrabble & Puzzles (SF)	10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 11:00 AM One on One's Pet Visits with Barry & Bo 1:30 PM Musical Entertainment with Tyrone Lyles 3:00 PM Walking Club with Taylor (LB) 4:00 PM Bingo (SF)	10:00 AM Workout with Lori (SF) 11:00 PM Art Workshop with Claudia (AR) 1:30 PM Instruments of the World with Joanna 3:00 PM Knitting Club 4:00 PM Stories & Reminiscence (BCAT) (SF)	10:00 AM Dance Exercise with The Clancy Works Company (SF) (SF) 11:00 AM Music & Poetry with Nyah and Lauren 1:30 PM Afternoon Movies : The Founder 3:30 PM Exercise with Taylor (SF) 4:00 PM The Storytellers Legacy Group with Nyah (SF)	10:00 AM Strengthening Exercise with Claudia (SF) 11:00 AM Meditation Club (SF) 11:00 AM One on One's Pet Visits with Barry & Bo 11:30 AM Skit Reading (SF) 1:45 PM Helaine's Show! with Jiyoung 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service	10:30 AM Shabbat Services 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
10	11 VETERANS DAY	12	13	14	15	16
10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce 1:30 PM Double Play Concert (SF) 3:00 PM Tea & Cookies Social (L&C)	10:00 AM Exercise Class with Mariah (SF) 11:00 AM Echoes of Nature 1:30 PM Celebrating our Veterans with the Trio 2:45 PM The Crown Netflix Series (SF) 4:00 PM Family Feud Game with Nyah (SF)	10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 11:00 AM One on One's Pet Visits with Barry & Bo 2:00 PM Torah Talk with Rabbah Arlene (SF) 3:00 PM Walking Club with Taylor (LB) 4:00 PM Let's Talk About It (SF)	10:00 AM Workout with Lori (SF) 11:00 AM Elections re-cap with Judy Cohen 1:30 PM The Entertaining Style of Cab Calloway with Joanna 3:00 PM Knitting Club 4:00 PM Stories & Reminiscence (BCAT) (SF)	10:00 AM Dance Exercise with The Clancy Works Company (SF) 11:00 AM Drum Circle with Lauren 1:30 PM Afternoon Movies : Gifted 3:30 PM Exercise with Taylor (SF) 4:00 PM Poetry Inkwell Insights with Nyah (SF)	10:00 AM Strengthening Exercise with Claudia (SF) 11:00 AM Meditation Club (SF) 11:30 AM Skit Reading (SF) 1:30 PM I Left My Heart in San Francisco with Nancy and Jiyoung 3:00 PM Monthly Birthday Celebrations Social 4:00 PM Shabbat Service	10:30 AM Shabbat Services 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
17	18	19	20	21	22	23
10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce 2:00 PM Pottery Presentation by Deedee R. (SF) 3:30 PM Tea & Cookies Social (L&C)	10:00 AM Exercise Class with Mariah (SF) 11:00 AM Landow News Feeds with Nyah and Claudia (SF) 1:30 PM Tchaikovsky's season's with the Trio 2:45 PM The Crown Netflix Series (SF) 4:00 PM You Be the Judge Stories (SF)	10:00 AM Resistance Band Exercise with Nyah (SF) 10:30 AM Trip to The American Indian Museum 11:00 AM Mind Joggers with Jeff (SF) 11:00 AM One on One's Pet Visits with Barry & Bo 2:00 PM Guitar Music with Vladimir 3:00 PM Walking Club with Taylor (LB) 4:00 PM Bingo (SF)	10:00 AM Workout with Lori (SF) 11:00 AM Current Events with Judy Cohen (SF) 1:30 PM The Life, Comedy and Music of Mel Brooks with Lauren 3:00 PM Knitting Club 4:00 PM Stories & Reminiscence (BCAT) (SF)	10:00 AM Dance Exercise with The Clancy Works Company (SF) 11:00 AM Trumpet Styles with Madelyn with Madelyn and Lauren 1:30 PM Afternoon Movies : Reagan 3:30 PM Exercise with Taylor (SF) 4:00 PM Dear Linda & Jean Advice (SF)	10:00 AM Strengthening Exercise with Claudia (SF) 11:00 AM Meditation Club (SF) 11:00 AM One on One's Pet Visits with Barry & Bo 11:30 AM Skit Reading (SF) 1:30 PM Choral Masterworks with Jiyoung 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service	10:30 AM Shabbat Services 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
24	25	26	27	28 THANKSGIVING	29	30
10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce 1:30 PM Karaoke with Joyce (SF) 3:00 PM Tea & Cookies Social (L&C)	10:00 AM Exercise Class with Mariah (SF) 11:00 AM Tony Williams Jazz Drummer Presentation by Martha & Mariah 1:30 PM My Life Journey in Photography with Marc 2:45 PM The Crown Netflix Series (SF) 4:00 PM Current Events & Discussions with Shirley (SF)	10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 11:00 AM One on One's Pet Visits with Barry & Bo 2:00 PM Torah Talk with Rabbah Arlene (SF) 3:00 PM Walking Club with Taylor (LB) 4:00 PM Let's Talk About It (SF)	10:00 AM Workout with Lori (SF) 11:00 AM Art Workshop with Claudia (AR) 2:00 PM Resident Council 4:00 PM Stories & Reminiscence (BCAT) (SF)	10:00 AM Strengthening Exercise with Claudia (SF) 11:00 AM Flower Arrangements & Poetry (SF) 1:30 PM Musical Entertainment for Thanksgiving with Diana Quinn (TH) 2:30 PM Afternoon Movie : (SF)	10:00 AM Exercise with Nyah 11:00 AM America in Color (SF) 11:00 AM One on One's Pet Visits with Barry & Bo 1:30 PM Landow Singers with Jiyoung 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service	10:30 AM Shabbat Services 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)

SF = Second Floor, Café = Café, L&C = Lobby & Cafe, LB = Lobby, AR = Art Room TH= Theater