

January 2025



Landow House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Chanukkah Eighth Candle/ New Years Day	2 Chanukkah Last Day	3	4
		* One on One's Pet Visits with Barry & Bo Tuesday's & Fridays at 11:00 AM	10:00 AM Workout with Lori (SF) 11:00 AM Current Events: Year in review with Judy Cohen (SF) 1:30 PM Music Entertainment with Brad Emmett (TH) 3:00 PM New Year's Day Social (L&C) 4:45 PM Chanukkah, Eighth Candle (LB)	10:00 AM Morning Stretch Class (SF) 11:00 AM Michael Feinstein's American Songbook: Best Band in the Land (1940s) PBS Documentary (SF) 1:30 PM Afternoon Movies: Maria 2024(TH) 3:30 PM Exercise with Taylor (SF) 4:00 PM Poetry Inkwell Insights with Nyah (SF)	10:00 AM Strengthening Exercise with Claudia (SF) 10:45 AM Meditation Club (SF) 11:00 AM Skit Reading (SF) 1:30 PM Music Entertainment (TH) 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (TH)	10:30 AM Shabbat Services (TH) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
5	6	7	8	9	10	11
10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Karaoke with Joyce (SF) 3:00 PM Tea & Cookies Social (L&C)	10:00 AM Chair Dance with Marcy (SF) 11:00 AM Travel Experience with Mariah (SF) 1:30 PM Music for The New Year with the Trio 2:45 PM The Crown Netflix Series: Cri de Coeur (SF) 4:00 PM Table Games : Scrabble & Puzzles (SF)	10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 1:30 PM Landow Chorus 3:00 PM Walking Club with Taylor (LB) 4:00 PM Bingo (SF)	10:00 AM Workout with Lori (SF) 11:00 AM Art Workshop with Claudia (AR) 1:30 PM Music of Triumph and Celebration with Joanna (TH) 2:30 PM Menu Committee 4:00 PM Stories & Reminiscence (BCAT) (SF)	10:00 AM Morning Stretch Class with Mariah (SF) 11:00 AM Music & Poetry with Nyah and Lauren (TH) 1:30 PM Afternoon Movies: The Six Triple Eight 2024 (TH) 3:30 PM Exercise with Taylor (SF) 4:00 PM The Storytellers Legacy Group with Nyah (SF)	10:00 AM Music and Movement with Jiyoung & Claudia (SF) 10:45 AM Meditation Club (SF) 11:00 AM America in Color: (SF) 1:45 PM Landow Singers: New Years Resolutions in a Song with Jiyoung (TH) 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (TH)	10:30 AM Shabbat Services(TH) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
12	13	14	15	16	17	18
10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 2:00 PM Angel Project Performances (TH) 3:00 PM Tea & Cookies Social (L&C)	10:00 AM Chair Dance with Marcy (SF) 11:00 AM Echoes Of Nature (SF) 1:30 PM My Life Journey in Photography with Marc Semanoff (SF) 2:45 PM The Crown Netflix Series: Gold Stick (SF) 4:00 PM Family Feud Game with Nyah (SF)	10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 1:30 PM Landow Chorus 2:00 PM Torah Talk with Rabbah Arlene (SF) 3:00 PM Walking Club with Taylor (LB) 4:00 PM Let's Talk About It (SF)	10:00 AM Workout with Lori (SF) 11:00 AM Current Events with Judy Cohen (SF) 1:30 PM Music Inspired by The American West with Joanna (TH) 3:00 PM Knitting Club (AR) 4:00 PM Stories & Reminiscence (BCAT) (SF)	10:00 AM Morning Stretch Class with Mariah (SF) 11:00 AM Drum Circle with Lauren & CR 1:30 PM Afternoon Movies: White Bird (TH) 3:30 PM Exercise with Taylor (SF) 4:00 PM Dear Linda & Jean Advice (SF)	10:00 AM Strengthening Exercise with Claudia (SF) 10:45 AM Meditation Club (SF) 11:00 AM Skit Reading (SF) 1:30 PM Music Entertainment(TH) 3:00 PM Monthly Birthday Celebrations Social 4:00 PM Shabbat Service(TH)	10:30 AM Shabbat Services(TH) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
19	20 MARTIN LUTHER KING JR. DAY	21	22	23	24	25
10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Karaoke with Joyce (SF) 3:00 PM Tacy Foundation Performances (TH)	10:00 AM Chair Dance (SF) 11:00 AM Landow's Newsfeeds 1:30 PM Music of The Civil Rights Movement in Honor of MLK Jr Day with the Trio 2:45 PM The Crown Netflix Series: The Balmoral Test (SF) 4:00 PM You Be the Judge Stories (SF)	10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 1:30 PM Landow Chorus 2:30 PM Guitar Music with Vladimir 3:30 PM Walking Club with Taylor (LB) 4:00 PM Bingo (SF)	10:00 AM Workout with Lori (SF) 11:00 AM Art Workshop with Claudia (AR) 1:30 PM Presto- How The Italians Solved Musical Notation with Carla & Joanna 2:30 PM Resident Council (TH)	10:00 AM Morning Stretch Class with Mariah (SF) 11:00 AM Music and Dance with Fred Astaire, Madelyn and Lauren (TH) 1:30 PM Classic Thursday Movie: Let's Dance (TH) 3:30 PM Exercise with Taylor (SF) 4:00 PM Poetry Inkwell Insights with Nyah (SF)	10:00 AM Music and Movement with Jiyoung & Claudia (SF) 10:45 AM Meditation Club (SF) 11:00 AM America in Color: (SF) 1:30 PM Landow Singers: Broadway Hits with Jiyoung (TH) 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service(TH)	10:30 AM Shabbat Services (TH) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 6:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
26	27	28	29	30	31	
10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Classic Movie (SF) 1:30 PM Karaoke with Joyce (SF) 3:00 PM Tea & Cookies Social (L&C)	10:00 AM Chair Dance (SF) 11:00 AM Mariah & Martha's Presentation Miles Davis (SF) 2:00 PM The Crown Netflix Series: Fairytale (SF) 3:00 PM Top Songs of 1950 -1970s (SF) 4:00 PM Jeopardy Game with Nyah (SF)	10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 2:00 PM Torah Talk with Rabbah Arlene (SF) 3:00 PM Walking Club with Taylor (LB) 4:00 PM Let's Talk About It (SF)	10:00 AM Workout with Lori (SF) 11:00 AM Art Workshop with Claudia (AR) 1:30 PM The Entertaining Style of Cab Calloway with Joanna 3:00 PM Knitting Club (AR) 4:00 PM Stories & Reminiscence (BCAT) (SF)	10:00 AM Morning Stretch Class with Mariah (SF) 11:00 AM Music and Comedy from The Borscht Belt with Lauren 1:30 PM Afternoon Movies: Ride to Freedom: The Rosa Parks Story (TH) 3:30 PM Exercise with Taylor (SF) 4:00 PM Dear Linda & Jean Advice (SF)	10:00 AM Strengthening Exercise with Claudia (SF) 10:45 AM Meditation Club (SF) 11:00 AM America in Color: (SF) 1:30 PM Music Entertainment 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (TH)	

SF = Second Floor, AR = Art Room, L&C = Lobby & Cafe, LB = Lobby, Café = Café TH = Theater