

## **Activities Calendar**

LIFE COMMUNITIES 2333333333333333333333333333333333333						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Iris Music Project: Horsing Around (horseback riding videos) to Music with Vica, Laure and Jiyoung (SH) 11:30 AM Walking Club (meet in the Fitness Gym) 12:00 PM Resident Council Meeting (Not open for all Residents) (TR) 1:00 PM Theater J: Acting Shakespeare - Holly Twyford (TART) 2:00 PM Bingo (MR) 3:00 PM Learning and Discussion with Nina: (MR) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: "With Six You Get Eggroll" (MR) 8:00 PM Monday Night Movie: "Mrs. Doubtfire" (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 10:15 AM Iris Music: Open Rehearsal (NL) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Adventures in Visual Art: Painting a beautiful Ocean Scene (TART) 3:00 PM Seka Tokic- Piano/Vocals-Pop, Rock (SH) 7:00 PM Poker Game (#2) 7:30 PM Sing Along Group (Resident Run) (MR) 8:00 PM Tuesday Night Movie: "Dancing at Lughnasa" (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Guided Meditation (975 & 8) 11:00 AM History Discussion Group (Resident Run) (#4) 11:30 AM Walking Club (Meet at the Front Desk) 1:00 PM Great Courses: "From Monet to Van Gogh: A History of Impressionism" (MR) 2:00 PM Jewish Scholar: The Next World with Rabbah Arlene Berger (MR) 3:00 PM Perspectives (Current Events) (MR) 8:00 PM Ballet Film: "Romeo and Juliet" (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM Adventures in Visual Art: Fourth Of July Art (TART) 1:00 PM Ice Cream Thursdays (NL) 2:00 PM Bingo (MR) 2:30 PM Matt Piano player 4th Of July Music and dance party (SH) 7:00 PM Poker Game (Resident Run) (#2) 7:30 PM Movie in the Meeting Room: "Rumor has it" (MR) 8:00 PM Thursday Night Movie: "State Fair" (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Iris Music Project: Ring House Singers (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Poetry and writing by the fire with Lisa (#4) 1:00 PM Music with Bernie and Happy Hour (NL) 2:00 PM Jackie & Maiden (formerly Cecilia & Maiden)- Acoustic Duo (SH) 4:15 PM Shabbat Services (MR) 8:30 PM Friday Night Movie: "Life with Father" (975 & 8)	9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:00 AM Poker Game (#2) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 2:00 PM Saturday Afternoon Movie (975 & 8) 3:00 PM Yiddish Speaking group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:15 PM Music Listening Evening 8:00 PM Saturday Night Movie: "Greener Mountains" (975 & 8)
7	8	9	10	11	12	13
9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM Gardening Club 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Adventures in Visual Art: Collages (TART) 2:00 PM Brain Games: Trivia with Jeff (MR) 2:00 PM Sunday Afternoon Movie: "Springtime in the Rockies" (975 & 8) 3:00 PM Russian Speakers Group (#2) 3:00 PM Ro Cube Trio-Pop, Rock, Standards (SH) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 7:15 PM Dennis Kobray piano performance (SH)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Iris Music Project: Poetry inspired by "Carnival of the Animals" (SH) 11:30 AM Walking Club (Meet at the Front Desk) 1:00 PM Theater J: Acting Shakespeare - Holly Twyford (TART) 2:00 PM Bingo (MR) 3:00 PM Guitarist Vladimir Friedman Performance (SH) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Monday Night Movie (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)  11:00 AM Life & Leisure and transportation Committee Meeting (#4)  12:30 PM Bridge (Resident Run) (#1)  1:00 PM Adventures in Visual Art (TART)  2:00 PM Brain Fitness with Dana (TR)  2:00 PM Technology Support with Jonathan (TR)  3:00 PM Iris Music Project: Tommy Dorsey-The American Bandleader with Bernie (SH)  7:00 PM Poker Game (#2)  7:30 PM Sing Along Group (Resident Run) (MR)  8:00 PM Tuesday Night Movie (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 10:00 AM Jewish Committee Meeting (#4) 11:00 AM Guided Meditation (975 & 8) 11:30 AM Walking Club (Meet at the Front Desk) 1:00 PM Great Courses: "From Monet to Van Gogh: A History of Impressionism" (MR) 2:00 PM Jewish Scholar: (MR) 3:00 PM Perspectives (Current Events) (MR) 7:00 PM Singer and Keyboardist Bob Clark Performance (SH) 8:00 PM Opera Film: (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)  11:00 AM Adventures in Visual Art (TART)  1:00 PM Ice Cream Thursdays (NL)  1:00 PM Iris Music Project: The stories behind your favorite patriotic music! (SH)  2:00 PM Chug Ivri- Hebrew Club (TR)  2:00 PM Bingo (MR)  3:00 PM Jennifer and Frank perform selections from Opera, Broadway and popular song (SH)  7:00 PM Poker Game (Resident Run) (#2)  7:30 PM Movie in the Meeting Room: (MR)  8:00 PM Thursday Night Movie (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Iris Music Project: Western and Cowboy music: Past with Gary and Lauren (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Music with Bernie and Happy Hour (NL) 2:00 PM The tragic story of the St. Luis by a Survivor Han Fisher (SH) 4:15 PM Shabbat Services (MR) 7:15 PM Zemerot Sing Along (#4) 8:30 PM Friday Night Movie (975 & 8)	9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:00 AM Poker Game (#2) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 2:00 PM Saturday Afternoon Movie: "Pot O' Gold" (975 & 8) 3:00 PM Yiddish Speaking group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:15 PM Book Club (Resident Run) (#4) 8:00 PM Saturday Night Movie (975 & 8)

8:00 PM Sunday Night Movie: "Rock a Bye Baby" (975 & 8)						
14	15	16	17	18	19	20
9:00 AM Soothing Nature Sounds (975 & 8)  10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)  11:00 AM Gardening Club  11:00 AM News & Views with Stan Wolf (#4)  12:30 PM Bridge (Resident Run) (#1)  1:00 PM Adventures in Visual Art: (TART)  2:00 PM Sunday Afternoon Movie: (975 & 8)  2:00 PM Brain Games: Trivia with Jeff (MR)  3:00 PM Russian Speakers Group (#2)  3:00 PM Laurie Mangold-Rock, Folk (SH)  3:15 PM Mahjong Game (Resident run) (#1)  4:00 PM Seated Chair Exercise: Yoga (975 & 8)  7:00 PM Poker Game (#2)  7:00 PM Scramble Bingo and Mix & Mingle with Dana Torrence (MR)  8:00 PM Sunday Night Movie (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Iris Music Project: Songs that made them famous with Marilyn, Lauren and Joanna (SH) 11:30 AM Walking Club (meet in the Fitness Gym) 11:30 AM Walking Club (Meet at the Front Desk) 1:00 PM Theater J: Acting Shakespeare - Holly Twyford (TART) 2:00 PM Short Story Group (TR) 2:00 PM Bingo (MR) 3:00 PM Learning and Discussion with Nina: (MR) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Monday Night Movie (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 10:15 AM Iris Music: Open Rehearsal (NL) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Adventures in Visual Art (TART) 3:00 PM Iris Music Project: Moon Landing Anniversary with Sally (SH) 7:00 PM Poker Game (#2) 7:30 PM Sing Along Group (Resident Run) (MR) 8:00 PM Tuesday Night Movie (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Guided Meditation (975 & 8) 11:00 AM History Discussion Group (Resident Run) (MR) 11:30 AM Walking Club (meet in the Fitness Gym) 11:30 AM Walking Club (Meet at the Front Desk) 1:00 PM Great Courses: "From Monet to Van Gogh: A History of Impressionism" (MR) 2:00 PM Jewish Scholar: (MR) 3:00 PM Resident Town Hall (SH) 7:00 PM Perspectives (Current Events) (MR) 8:00 PM Ballet Film (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)  11:00 AM Adventures in Visual Art (TART)  1:00 PM Ice Cream Thursdays (NL)  1:00 PM Iris Music Project: Music with a message with Lauren and Mike (#4)  2:00 PM Bingo (MR)  3:00 PM Larzine Talley- Big Band/Jazz (SH)  7:00 PM Poker Game (Resident Run) (#2)  7:30 PM Movie in the Meeting Room: (MR)  8:00 PM Thursday Night Movie (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Iris Music Project: Great Works of Broadway: Guys and Dolls with Lauren (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Poetry and writing by the fire with Lisa (#4) 1:00 PM Music with Bernie and Happy Hour (NL) 2:00 PM BW & The Danger (Trio)- Acoustic oldies (SH) 4:15 PM Shabbat Services (MR) 8:30 PM Friday Night Movie (975 & 8)	9:00 AM Soothing Nature Sounds (97: & 8)  10:00 AM Movement (975 & 8)  10:00 AM Poker Game (#2)  10:30 AM Shabbat Services (MR)  12:30 PM Bridge (Resident Run) (#1)  1:00 PM Scrabble Games (Resident Run) (#2)  2:00 PM Saturday Afternoon Movie (975 & 8)  3:00 PM Yiddish Speaking group (NL)  4:00 PM Seated Chair Exercise: Yoga (975 & 8)  7:15 PM Music Listening Evening  8:00 PM Saturday Night Movie (975 & 8)
21	22	23	24	25	26	27
9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM Gardening Club 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Adventures in Visual Art: (TART) 2:00 PM Sunday Afternoon Movie: (975 & 8) 2:00 PM Brain Games: Trivia with Jeff (MR) 3:00 PM Russian Speakers Group (#2) 3:00 PM Chaia Klezmer Duo Music (SH) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement & Music (MR) 11:00 AM Iris Music Project: Music of Duke Ellington with Joanna and Lauran (SH) 11:30 AM Walking Club (meet in the Fitness Gym) 11:30 AM Walking Club (Meet at the Front Desk) 2:00 PM Bingo (MR) 3:00 PM Bruce Gardner-Rhythm & Blues, Soul, Motown (SH) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Monday Night Movie (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 10:15 AM Iris Music: Open Rehearsal (NL) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Adventures in Visual Art (TART) 2:00 PM Brain Fitness with Dana (TR) 2:00 PM Technology Support with Jonathan (TR) 3:00 PM Iris Music Project: (SH) 7:00 PM Poker Game (#2) 7:30 PM Sing Along Group (Resident Run) (MR) 8:00 PM Tuesday Night Movie (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Guided Meditation (975 & 8) 11:30 AM Walking Club (meet in the Fitness Gym) 11:30 AM Walking Club (Meet at the Front Desk) 1:00 PM Great Courses: "From Monet to Van Gogh: A History of Impressionism" (MR) 2:00 PM Jewish Scholar: (MR) 3:00 PM Perspectives (Current Events) (MR) 7:15 PM Sing along with Jewish Social Scene (MR) 8:00 PM Opera Film: (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)  11:00 AM Jewish Art Education: Gilded Lions and Jeweled Horses: European Influences (MR)  11:00 AM Adventures in Visual Art (TART)  1:00 PM Ice Cream Thursdays (NL)  1:00 PM Iris Music Project: Drum Circle with Lauren (#4)  2:00 PM Chug Ivri- Hebrew Club (TR)  2:00 PM Bingo (MR)  3:00 PM Iris Music Project: Western and Cowboy Music Present time with Gary and Lauren (SH)  7:00 PM Poker Game (Resident Run) (#2)  7:30 PM Movie in the Meeting Room: (MR)  8:00 PM Thursday Night Movie (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Iris Music Project: History of Choral Music with Lauren (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Music with Bernie and Happy Hour (NL) 2:00 PM Ken Wenzel-50s, 60s, 70s, and 80s (SH) 4:15 PM Shabbat Services (MR) 7:15 PM Zemerot Sing Along (#4) 8:30 PM Friday Night Movie (975 & 8)	9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:00 AM Poker Game (#2) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 2:00 PM Saturday Afternoon Movie (975 & 8) 3:00 PM Yiddish Speaking group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 8:00 PM Saturday Night Movie (975 & 8)

7:00 PM Poker Game (#2) 8:00 PM Sunday Night Movie (975 & 8)	29	30	31		
9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM Gardening Club 11:00 AM News & Views with Stan Wolf (#4) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Adventures in Visual Art: (TART) 2:00 PM Sunday Afternoon Movie: (975 & 8) 2:00 PM Brain Games: Trivia with Jeff (MR) 3:00 PM Russian Speakers Group (#2) 3:00 PM Kris Belgica- Klezmer, Oldies (SH) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Sunday Night Movie (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Iris Music Project: Celebrating Mendelssohn's Piano Trio in d minor! (SH) 11:30 AM Walking Club (meet in the Fitness Gym) 11:30 AM Walking Club (Meet at the Front Desk) 12:00 PM Food Committee (MR) 2:00 PM Bingo (MR) 3:00 PM Learning and Discussion with Nina: (MR) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Monday Night Movie (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 10:15 AM Iris Music: Open Rehearsal (NL) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Adventures in Visual Art (TART) 3:00 PM Iris Music Project: From Canvas to Concert Part 2 with Jeff (SH) 7:00 PM Poker Game (#2) 7:30 PM Sing Along Group (Resident Run) (MR) 8:00 PM Tuesday Night Movie (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Guided Meditation (975 & 8) 11:30 AM Walking Club (meet in the Fitness Gym) 11:30 AM Walking Club (Meet at the Front Desk) 1:00 PM Great Courses: "From Monet to Van Gogh: A History of Impressionism" (MR) 2:00 PM Jewish Scholar: (MR) 3:00 PM Perspectives (Current Events) (MR) 8:00 PM Ballet Film (975 & 8)		