

September 2024



Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<p>9:00 AM Soothing Nature Sounds (975 & 8)</p> <p>10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>2:00 PM Brain Games: Trivia with Jeff (MR)</p> <p>2:00 PM Sunday Afternoon Movie: "Lobe on Ice" (975 & 8)</p> <p>3:00 PM Josh Earls 40s through 70s Rock & Jazz Standards- Vocals/Guitar (SH)</p> <p>3:15 PM Mahjong Game (Resident run) (#1)</p> <p>4:00 PM Seated Chair Exercise: Yoga (975 & 8)</p> <p>7:00 PM Poker Game (#2)</p> <p>8:00 PM Sunday Night Movie: "The Competition" (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Movement (MR)</p> <p>11:00 AM Iris Music Project: Music for Labor Day (SH)</p> <p>11:30 AM Walking Club (Meet at the Front Desk)</p> <p>1:00 PM Yiddish Movie: The History of Yiddish Cinema - Yankl der shmid (SH)</p> <p>2:00 PM Bingo (MR)</p> <p>3:00 PM Learning and Discussion with Nina: (MR)</p> <p>7:15 PM Mahjong Game (Resident Run) (#1)</p> <p>7:30 PM Movie in the Meeting Room: (MR)</p> <p>8:00 PM Monday Night Movie (975 & 8)</p>	<p>10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p>10:15 AM Iris Music: Open Rehearsal (NL)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Adventures in Visual Art (TART)</p> <p>1:00 PM Culinary Exploration (MR)</p> <p>3:00 PM Iris Music Project: Adieu Paris-Music about the City of Lights (MR)</p> <p>7:00 PM Poker Game (#2)</p> <p>7:30 PM Sing Along Group (Resident Run) (MR)</p> <p>8:00 PM Tuesday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Movement (MR)</p> <p>11:00 AM Guided Meditation (975 & 8)</p> <p>11:00 AM Art with Martina (TART)</p> <p>11:00 AM History Discussion Group (Resident Run) (#4)</p> <p>11:30 AM Walking Club (Meet at the Front Desk)</p> <p>1:00 PM Great Courses: "Dead Sea Scrolls" (Lecture 7 & 8) (MR)</p> <p>2:00 PM Jewish Scholar: (MR)</p> <p>3:00 PM Perspectives (Current Events) (MR)</p> <p>8:00 PM Opera Film: (975 & 8)</p>	<p>10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p>1:00 PM Ice Cream Thursdays (NL)</p> <p>1:00 PM Iris Music Project: Drum Circle (#4)</p> <p>1:00 PM Chug Ivri- Hebrew Club (TR)</p> <p>2:00 PM Bingo (MR)</p> <p>2:00 PM Rosh Chodesh: Elul (#4)</p> <p>3:00 PM Iris Music Project: Rodgers and Hammerstein: South Pacific (SH)</p> <p>7:00 PM Poker Game (Resident Run) (#2)</p> <p>7:30 PM Movie in the Meeting Room: (MR)</p> <p>8:00 PM Thursday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Movement (MR)</p> <p>11:00 AM Iris Music Project: Ring House Singers (MR)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Happy Hour (NL)</p> <p>2:30 PM Marvelous Movie Music with Helaine, Joy and Anne (SH)</p> <p>4:15 PM Shabbat Services (MR)</p> <p>7:15 PM Zemerot Sing Along (#4)</p> <p>8:30 PM Friday Night Movie (975 & 8)</p>	<p>9:00 AM Soothing Nature Sounds (975 & 8)</p> <p>10:00 AM Movement (975 & 8)</p> <p>10:30 AM Shabbat Services (MR)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Scrabble Games (Resident Run) (#2)</p> <p>2:00 PM Saturday Afternoon Movie (975 & 8)</p> <p>3:00 PM Yiddish Speaking group (NL)</p> <p>4:00 PM Seated Chair Exercise: Yoga (975 & 8)</p> <p>8:00 PM Saturday Night Movie (975 & 8)</p>
8	9	10	11	12	13	14
<p>9:00 AM Soothing Nature Sounds (975 & 8)</p> <p>10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p>11:00 AM News & Views with Stan Wolf (#4)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>2:00 PM Sunday Afternoon Movie: (975 & 8)</p> <p>2:00 PM Brain Games: Trivia with Jeff (MR)</p> <p>3:00 PM Gail Shanta- Showtunes, Classical, Jazz- Harp (SH)</p> <p>3:15 PM Mahjong Game (Resident run) (#1)</p> <p>4:00 PM Seated Chair Exercise: Yoga (975 & 8)</p> <p>7:00 PM Poker Game (#2)</p> <p>8:00 PM Sunday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Movement and Music (MR)</p> <p>11:00 AM Iris Music Project: Painting to Music with Joanna and Jiyoung (TART)</p> <p>11:30 AM Walking Club (Meet at the Front Desk)</p> <p>2:00 PM Bingo (MR)</p> <p>3:00 PM Guitarist Vladimir Friedman Performance (SH)</p> <p>7:15 PM Mahjong Game (Resident Run) (#1)</p> <p>7:30 PM Movie in the Meeting Room: (MR)</p> <p>8:00 PM Monday Night Movie (975 & 8)</p>	<p>10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p>10:15 AM Iris Music: Open Rehearsal (NL)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Adventures in Visual Art (TART)</p> <p>2:00 PM Brain Fitness with Dana (#4)</p> <p>3:00 PM Scott Kurk 60s to 80s pop to rock to country- Vocals/Guitar (SH)</p> <p>7:00 PM Poker Game (#2)</p> <p>7:30 PM Sing Along Group (Resident Run) (MR)</p> <p>8:00 PM Tuesday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Movement (MR)</p> <p>11:00 AM Guided Meditation (975 & 8)</p> <p>11:30 AM Walking Club (Meet at the Front Desk)</p> <p>1:00 PM Great Courses: "Dead Sea Scrolls" (Lecture 9 & 10) (MR)</p> <p>2:00 PM Jewish Scholar: (MR)</p> <p>3:00 PM Perspectives (Current Events) (MR)</p> <p>7:00 PM Singer and Keyboardist Bob Clark Performance (SH)</p> <p>8:00 PM Ballet Film (975 & 8)</p>	<p>10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p>1:00 PM Ice Cream Thursdays (NL)</p> <p>1:00 PM Iris Music Project: Music Committee (#4)</p> <p>2:00 PM Bingo (MR)</p> <p>3:00 PM Iris Music Project: Spotlight on West Side Story (SH)</p> <p>7:00 PM Poker Game (Resident Run) (#2)</p> <p>7:30 PM Movie in the Meeting Room: (MR)</p> <p>8:00 PM Thursday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Movement (MR)</p> <p>11:00 AM Iris Music Project: Ring House Singers (MR)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Poetry and writing by the fire with Lisa (#4)</p> <p>1:00 PM Happy Hour with Monthly Birthday Celebration (NL)</p> <p>2:00 PM The Bronx Boys (Showing) with Joseph Greenberg (MR)</p> <p>4:15 PM Shabbat Services (MR)</p> <p>8:30 PM Friday Night Movie (975 & 8)</p>	<p>9:00 AM Soothing Nature Sounds (975 & 8)</p> <p>10:00 AM Movement (975 & 8)</p> <p>10:00 AM Poker Game (#2)</p> <p>10:30 AM Shabbat Services (MR)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Scrabble Games (Resident Run) (#2)</p> <p>2:00 PM Saturday Afternoon Movie (975 & 8)</p> <p>3:00 PM Yiddish Speaking group (NL)</p> <p>4:00 PM Seated Chair Exercise: Yoga (975 & 8)</p> <p>7:15 PM Music Listening Evening</p> <p>8:00 PM Saturday Night Movie (975 & 8)</p>
15	16	17	18	19	20	21
<p>9:00 AM Soothing Nature Sounds (975 & 8)</p> <p>10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>2:00 PM Sunday Afternoon Movie: (975 & 8)</p> <p>2:00 PM Brain Games: Trivia with</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Movement (MR)</p> <p>11:00 AM Iris Music Project: NYC 400th Birthday Celebration it doesn't look a day over 392 (MR)</p> <p>11:30 AM Walking Club (Meet at the Front Desk)</p> <p>1:00 PM Yiddish Movie: "Uncle Moses" (1932) (SH)</p> <p>2:00 PM Short Story Group (TR)</p>	<p>10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p>10:15 AM Iris Music: Open Rehearsal (NL)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Adventures in Visual Art (TART)</p> <p>1:00 PM Culinary Exploration (MR)</p> <p>3:00 PM Bad Influence Trio Blues Music-Guitar/Bass/Drums- Vocals (SH)</p> <p>7:00 PM Poker Game (#2)</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Movement (MR)</p> <p>11:00 AM Guided Meditation (975 & 8)</p> <p>11:00 AM History Discussion Group (Resident Run) (#4)</p> <p>11:00 AM Art with Martina (TART)</p> <p>11:30 AM Walking Club (Meet at the Front Desk)</p> <p>1:00 PM Great Courses: "Dead Sea Scrolls"</p>	<p>10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p>1:00 PM Ice Cream Thursdays (NL)</p> <p>1:00 PM Iris Music Project: Drum Circle (#4)</p> <p>2:00 PM Chug Ivri- Hebrew Club (TR)</p> <p>2:00 PM Bingo (MR)</p> <p>3:00 PM Steves Broadway Tours and Lectures (SH)</p> <p>7:00 PM Poker Game (Resident Run) (#2)</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Movement (MR)</p> <p>11:00 AM Iris Music Project: Ring House Singers (MR)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Happy Hour (NL)</p> <p>2:00 PM Eric Scott Trio R&B, Pop-Bass/Guitar/Drums/Vocals (SH)</p> <p>4:15 PM Shabbat Services (MR)</p>	<p>9:00 AM Soothing Nature Sounds (975 & 8)</p> <p>10:00 AM Movement (975 & 8)</p> <p>10:00 AM Poker Game (#2)</p> <p>10:30 AM Shabbat Services (MR)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Scrabble Games (Resident Run) (#2)</p> <p>2:00 PM Saturday Afternoon Movie (975 & 8)</p>

Bold activity = Sign up mandatory

975 & 8 = Channels 975 and 8, MR = Meeting Room, #1 = Activity Room #1, SH = Social Hall, #2 = Activity Room #2, WC = Wellness Center, NL = North Lobby, TART = Terrace Art Studio, #4 = Activity Room #4, TR = T.V. Room

<p>Jeff (MR) 3:00 PM Michael McSweeney & Qi Yi Chinese classical/folk- zither & drums/steel pan (SH) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Sunday Night Movie (975 & 8)</p>	<p>2:00 PM Bingo (MR) 3:00 PM Gabe Hutter Jazz, folk, classic pop and country- Vocals/Guitar (SH) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Monday Night Movie (975 & 8)</p>	<p>7:30 PM Sing Along Group (Resident Run) (MR) 8:00 PM Tuesday Night Movie (975 & 8)</p>	<p>(Lecture 11 & 12) (MR) 2:00 PM Jewish Scholar: (MR) 3:00 PM Resident Town Hall (SH) 7:15 PM Perspectives (Current Events) (MR) 8:00 PM Opera Film: (975 & 8)</p>	<p>7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Thursday Night Movie (975 & 8)</p>	<p>7:15 PM Zemerot Sing Along (#4) 8:30 PM Friday Night Movie (975 & 8)</p>	<p>3:00 PM Yiddish Speaking group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 8:00 PM Saturday Night Movie (975 & 8)</p>
22	23	24	25	26	27	28
<p>9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM News & Views with Stan Wolf (#4) 12:30 PM Bridge (Resident Run) (#1) 2:00 PM Sunday Afternoon Movie: (975 & 8) 2:00 PM Brain Games: Trivia with Jeff (MR) 3:00 PM Elza Ritter Classical, Showtunes, Piano (SH) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Sunday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Iris Music Project: Spotlight on Gail's poetry inspired by the Iris Piano Trio (SH) 11:30 AM Walking Club (Meet at the Front Desk) 2:00 PM Bingo (MR) 3:00 PM Learning and Discussion with Nina: (MR) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Monday Night Movie (975 & 8)</p>	<p>10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 10:15 AM Iris Music: Open Rehearsal (NL) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Adventures in Visual Art (TART) 3:00 PM Iris Music Project: Pastoral Sounds in Beethoven's 6th Symphony (SH) 7:00 PM Poker Game (#2) 7:30 PM Sing Along Group (Resident Run) (MR) 8:00 PM Tuesday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Guided Meditation (975 & 8) 11:00 AM Hadassah Meeting: (MR) 11:30 AM Walking Club (Meet at the Front Desk) 1:00 PM Great Courses: "Dead Sea Scrolls" (Lecture 13 & 14) (MR) 2:00 PM Jewish Scholar: (MR) 3:00 PM Perspectives (Current Events) (MR) 7:15 PM Columbian Jazz Band (18 piece Band) (SH) 8:00 PM Ballet Film (975 & 8)</p>	<p>10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM Jewish Art Education: Art of The Jewish Lifecycle (MR) 1:00 PM Ice Cream Thursdays (NL) 1:00 PM Iris Music Project: Music Committee with Lauren (#4) 2:00 PM Bingo (MR) 3:00 PM Iris Music Project: Helaine's Show (SH) 7:00 PM Poker Game (Resident Run) (#2) 7:15 PM Sing Along with the Jewish Social Scene (MR) 8:00 PM Thursday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Iris Music Project: Ring House Singers (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Poetry and writing by the fire with Lisa (#4) 1:00 PM Happy Hour (NL) 2:00 PM Janet Greene Classical- Violin (SH) 4:15 PM Shabbat Services (MR) 8:30 PM Friday Night Movie (975 & 8)</p>	<p>9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:00 AM Poker Game (#2) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 2:00 PM Saturday Afternoon Movie (975 & 8) 3:00 PM Yiddish Speaking group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:15 PM Music Listening Evening 8:00 PM Saturday Night Movie (975 & 8)</p>
29	30					
<p>9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM MGJDS School Visit: (TART) 12:30 PM Bridge (Resident Run) (#1) 2:00 PM Sunday Afternoon Movie: (975 & 8) 2:00 PM Brain Games: Trivia with Jeff (MR) 3:00 PM Mark Wieske Duo Pop, Rockabilly and more- Guitar/Vocals (SH) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Sunday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Iris Music Project: Key-Note Address (Celebrating National Piano Month) (SH) 11:30 AM Walking Club (Meet at the Front Desk) 2:00 PM Bingo (MR) 2:00 PM Rosh Chodesh: Tishrei (#4) 3:00 PM BW & The Danger 50s through 70s Pop, Rock- Guitar/Bass/Piano/Vocals (SH) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Monday Night Movie (975 & 8)</p>					

Bold activity = Sign up mandatory

975 & 8 = Channels 975 and 8, MR = Meeting Room, #1 = Activity Room #1, SH = Social Hall, #2 = Activity Room #2, WC = Wellness Center, NL = North Lobby, TART = Terrace Art Studio, #4 = Activity Room #4, TR = T.V. Room