

July 2024



Landow House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 INDEPENDENCE DAY	5	6
	<p>10:00 AM Chair Dance with Mariah (SF) 11:00 AM Nature Break 1:30 PM Spirit of Independence Day with Jiyoung and Lauren 2:45 PM The Crown Netflix Series: "Gelignite" Episode 6 (SF) 4:00 PM Family Feud Game with Nyah (SF)</p>	<p>10:00 AM Resistance Band Exercise with Nyah (SF) 10:00 AM Scenic Drive: "DC Monuments" 11:00 AM Current Events with Judy Cohen (SF) 1:30 PM The 1970's Presentation by Claudia (SF) 3:00 PM Walking Club with Taylor (LB) 4:00 PM Stories & Reminiscence (BCAT) (SF)</p>	<p>10:00 AM Workout with Lori (SF) 11:00 AM Summer Intergenerational Camp JCC Program 1:30 PM Art Workshop with Claudia (AR) 3:00 PM Knitting Club 4:00 PM Table Games</p>	<p>10:00 AM Morning Stretch Class with Mariah (SF) 11:00 AM The History and Music of the American Revolution and love with Dr. Alan & Lauren 1:30 PM 4th of July Celebration with Senorita Sunshine 2:30 PM Ice Cream Social (L&C)</p>	<p>10:00 AM Strengthening Exercise with Claudia 11:00 AM Music & History The Great Course Lectures: "Crumb: Black Angels (1970)" (SF) 1:30 PM Landow Singers with Jiyoung Music 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service</p>	<p>10:30 AM Shabbat Services 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 8:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)</p>
7	8	9	10	11	12	13
<p>10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Mind Mastery: "A collection of Challenging Brain Games" BCAT (SF) 1:30 PM Karaoke with Joyce (SF) 3:00 PM Lemonade & Cookies Social</p>	<p>10:00 AM Dance Class with Clancy Dance Company (SF) 11:00 AM Nature Break 1:30 PM What's Music Chamber? with Joanna 2:45 PM The Crown Netflix Series: "Scientia Potentia Est" Episode 7 (SF) 4:00 PM Spotlight Players Drama Club</p>	<p>10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Out to Lunch "KungFu Kitchen Restaurant" 11:00 AM Mind Joggers (SF) 1:30 PM My Travel Experience with Mariah 3:00 PM Walking Club with Taylor (LB) 4:00 PM Stories & Reminiscence (BCAT)</p>	<p>10:00 AM Workout with Claudia (SF) 11:00 AM Summer Intergenerational Camp JCC Program 1:30 PM Art Workshop with Claudia (AR) 3:00 PM PBS Documentary A.I Revolution (SF) 4:00 PM Let's Talk about it (SF)</p>	<p>10:00 AM Morning Stretch Class with Mariah (SF) 11:00 AM Cello Performance with Lauren 1:30 PM Afternoon Movie : "Brooklyn" 3:30 PM Exercise Class with Taylor (SF) 4:00 PM Poetry Inkwell Insights with Nyah</p>	<p>10:00 AM Strengthening Exercise with Claudia 11:00 AM Great Performance: Now Hear This: "Rising Stars" (SF) 1:30 PM Taylor swift and Beyoncé with Madelyn and Lauren 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service</p>	<p>10:30 AM Shabbat Services 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 8:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)</p>
14	15	16	17	18	19	20
<p>10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Mind Mastery: "A collection of Challenging Brain Games" BCAT (SF) 1:30 PM PBS Documentary: "Coney Island" 3:00 PM Tacy Foundation Music Rehearsals</p>	<p>10:00 AM Chair Dance with Marcy (SF) 11:00 AM Nature Break 1:30 PM Movie Music, from Mancini to Williams with the Trio 2:45 PM The Crown Netflix Series: "Pride & Joy" Episode 8 (SF) 4:00 PM You Be the Judge Stories (SF)</p>	<p>10:00 AM Resistance Band Exercise with Nyah (SF) 10:00 AM Trip to Renwick Gallery in DC 11:00 AM Mind Joggers (SF) 2:00 PM Guitar Music with Vladimir 3:00 PM Walking Club with Taylor (LB) 4:00 PM Stories & Reminiscence (BCAT)</p>	<p>10:00 AM Workout with Nyah (SF) 11:00 AM Summer Intergenerational Camp JCC Program 1:30 PM Celebrating a Moon Landing Anniversary! Music with Joanna 2:30 PM Menu Committee 3:00 PM Knitting CLub 4:00 PM Dear Linda & Shirley Advice (SF)</p>	<p>10:00 AM Morning Stretch Class with Mariah (SF) 11:00 AM Music and Poetry with Nyah and Lauren 1:30 PM New Release Movie : "Arthur the King" 3:30 PM Exercise Class with Taylor (SF) 4:00 PM The Storytellers Legacy Group with Nyah (SF)</p>	<p>10:00 AM Strengthening Exercise with Claudia (SF) 11:00 AM Great Performance: Now Hear This: "Virtuosos" (SF) 1:30 PM Songs that made them famous with Marilyn and Lauren! 3:00 PM Monthly Birthday Celebrations Social 4:00 PM Shabbat Service</p>	<p>10:30 AM Shabbat Services 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 8:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)</p>
21	22	23	24	25	26	27
<p>10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Mind Mastery: "A collection of Challenging Brain Games" BCAT (SF) 1:30 PM Karaoke with Joyce (SF) 3:00 PM Lemonade & Cookies Social</p>	<p>10:00 AM Chair Dance with Marcy (SF) 11:00 AM Nature Break 2:00 PM Presentation on Elections by Dr. Alan Breitler (SF) 3:30 PM The Crown Netflix Series: "Assassins" Episode 9 (SF) 4:00 PM Spotlight Players Drama Club</p>	<p>10:00 AM Resistance Band Exercise with Nyah (SF) 10:00 AM Scenic Drive: "The Marine Corp/ Iwo Jima Memorial" 11:00 AM Current Events with Judy Cohen 2:00 PM Torah Talk with Rabbah Arlene 3:00 PM Walking Club with Taylor (LB) 4:00 PM Stories & Reminiscence (BCAT)</p>	<p>10:00 AM Workout (SF) 11:00 AM Art Workshop with Claudia (AR) 11:00 AM Summer Intergenerational Camp JCC Program 1:30 PM From Canvas to Concert - Music Inspired by Paintings with Joanna 2:30 PM Resident Council</p>	<p>10:00 AM Morning Stretch Class with Mariah (SF) 11:00 AM The Politics of Music (and the music of politics): Alan and Lauren 1:30 PM New Release Movie : "The Fall Guy" 3:30 PM Exercise Class with Taylor (SF) 4:00 PM Poetry Inkwell Insights with Nyah</p>	<p>10:00 AM Strengthening Exercise with Claudia (SF) 11:00 AM Great Performance: Now Hear This: "Old Friends" (SF) 1:30 PM Exploring Bach's cello suites with Lauren 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service</p>	<p>10:30 AM Shabbat Services 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 8:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)</p>
28	29	30	31			
<p>10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Mind Mastery: "A collection of Challenging Brain Games" BCAT (SF) 1:30 PM Classic Movie "The Shop Around the Corner" (SF) 3:00 PM Bingo (Café)</p>	<p>10:00 AM Chair Dance with Maryah (SF) 11:00 AM Echoes Of Nature (SF) 1:30 PM Tim Pan Alley Music Programing with the Trio 2:45 PM The Crown Netflix Series: "Gloriana" Episode 10 (SF) 4:00 PM Family Feud Game with Nyah (SF)</p>	<p>10:00 AM Resistance Band Exercise with Nyah (SF) 10:00 AM Trip to The Strathmore Mansion Gallery 11:00 AM Mind Joggers (SF) 1:30 PM My Life Journey in Photography with Mr. Mark Seminoff 3:00 PM Walking Club with Taylor (LB) 4:00 PM Stories & Reminiscence (BCAT)</p>	<p>10:00 AM Workout (SF) 11:00 AM Summer Intergenerational Camp JCC Program 1:30 PM Special Event featuring The Revitz String Ensemble 2:30 PM Art Workshop with Claudia (AR) 3:00 PM Knitting CLub 4:00 PM Dear Linda & Shirley Advice (SF)</p>			