

February 2025



Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 2:00 PM Saturday Afternoon Movie: The Kennel Murder Case (mystery) (William Powell, Mary Astor) (975 & 8) 3:00 PM Yiddish Speaking group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 7:15 PM Music Listening Evening: Johann N. Hummel (1778-1837) Piano Concerto in F Major and Franz Joseph Haydn (1732-1809) Trumpet Concerto in E-flat Major (#4) 8:00 PM Saturday Night Movie concert: Harry James orchestra concert (975 & 8)
2 9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:30 AM Trivia with Jeff (MR) 12:30 PM Bridge (Resident Run) (#1) 2:00 PM Sunday Afternoon Movie: Cyrano de Bergerac (drama, romance) (975 & 8) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Sunday Night Movie: Annie Hall (comedy, romance) (975 & 8)	3 9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Iris Music-Painting to Music (SH) 11:30 AM Walking Club (Meet at the Front Desk) 2:00 PM Bingo (MR) 2:00 PM Rosh Chodesh: Sh'vat (#4) 3:00 PM Learning and Discussion with Nina: King Herod (MR) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: Mr. Blandings Builds His Dreamhouse (MR) 8:00 PM Monday Night Movie: Somewhere in Time (975 & 8)	4 10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 10:15 AM Iris Music: Open Rehearsal (NL) 12:30 PM Bridge (Resident Run) (#1) 2:00 PM Brain Fitness with Dana (#4) 3:00 PM Iris Music Project: The Art of Variations with Joanna (SH) 7:00 PM Poker Game (#2) 7:30 PM Sing Along Group (Resident Run) (MR) 8:00 PM Tuesday Night Movie: Nothing but a Man (975 & 8)	5 9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Guided Meditation (975 & 8) 11:00 AM History Discussion Group (TR) 11:00 AM Great Courses: Great Courses: Women who shaped America: 1619 to 1920 (Lecture 12) (MR) 11:30 AM Walking Club (Meet at the Front Desk) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Ring House Singers with Roz and Jiyoung 2:00 PM Jewish Scholar: The Moses-God Relationship - Exodus Edition - part 4 With Steve Kerbel (MR) 3:00 PM Perspectives (Current Events) (MR) 7:00 PM Poker Game (#2) 8:00 PM Wednesday Night Movie: Ballet-The Wayward Daughter (975 & 8)	6 10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 1:00 PM Ice Cream Thursdays (NL) 2:00 PM Chug Ivri- Hebrew Club (TR) 2:00 PM Bingo (MR) 2:00 PM Ping Pong/Pool Playing (#3) 3:00 PM Violin/piano Duet performance (SH) 7:00 PM Poker Game (Resident Run) (#2) 7:30 PM Movie in the Meeting Room: Hamlet (Russian Version) (MR) 8:00 PM Thursday Night Movie: The Call of the Wild (975 & 8)	7 9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Iris Music Project: The Sounds of Ella Fitzgerald with Lauren (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour (NL) 3:00 PM Iris Music Project: Music Committee with Lauren (#4) 4:15 PM Shabbat Services (MR) 8:30 PM Friday Night Movie: Classic T.V. Show Bob Hope comedy special-2 (975 & 8)	8 9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 2:00 PM Saturday Afternoon Movie: Sherlock Holmes and the House of Fear (975 & 8) 3:00 PM Yiddish Speaking group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Saturday Night Movie: George Gershwin documentary (975 & 8)
9 9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM News & Views with Stan Wolf (#4) 12:30 PM Bridge (Resident Run) (#1) 1:30 PM Trivia with Jeff (MR) 2:00 PM Sunday Afternoon Movie: The Secret Life of Walter Mitty (975 & 8) 2:00 PM Adventures in Visual Art:	10 9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Iris Music Project- Pictures at an Exhibition: A stroll through Art and Music (SH) 11:30 AM Walking Club (Meet at the Front Desk) 2:00 PM Bingo (MR) 3:00 PM Guitarist Vladimir Friedman Performance (SH) 7:15 PM Mahjong Game (Resident Run) (#1) 7:15 PM Sing along with the Jewish Social	11 10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 10:15 AM Iris Music: Open Rehearsal with the trio (NL) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM MORDKHE'S DREAM Klezmer Band Performance (SH) 2:00 PM Technology Support with Jonathan (Please sign up at the front desk) (TR) 3:00 PM Iris Music Project: Romantic Stories in Classical Music with Joanna (SH)	12 9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Guided Meditation (975 & 8) 11:00 AM Great Courses: Jewish Intellectual History: 16th to 20th Century (Lecture 1 & 2) (MR) 11:30 AM Walking Club (Meet at the Front Desk) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Iris Music Project: Ring House Singers with Roz and Jiyoung (MR) 2:00 PM Jewish Scholar: (MR) 3:00 PM Perspectives (Current Events) (MR)	13 10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 1:00 PM Ice Cream Thursdays (NL) 1:00 PM Yoonsoo Shin - Opera and more (SH) 2:00 PM Bingo (MR) 2:00 PM Ping Pong/Pool Playing (#3) 3:00 PM Tu BiShvat wine tasting w/ Steve Kerbel (MR) 7:00 PM Poker Game (Resident Run) (#2) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Thursday Night Movie (975 & 8)	14 9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Iris Music Project: Songs of Love with Marilyn and Lauren (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour (NL) 1:00 PM Creativity Plus (Poetry Pros and Puppeteering) (#4) 3:00 PM Iris Music Project: Drum Circle with Lauren (#4) 4:15 PM Shabbat Services (MR) 7:15 PM Zemiro (MR) 8:30 PM Friday Night Movie (975 & 8)	15 9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 2:00 PM Saturday Afternoon Movie (975 & 8) 3:00 PM Yiddish Speaking group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 7:15 PM Music Listening Evening (#4) 8:00 PM Saturday Night Movie (975 & 8)

Bold activity = Sign up mandatory

975 & 8 = Channels 975 and 8, MR = Meeting Room, #1 = Activity Room #1, #2 = Activity Room #2, NL = North Lobby, #4 = Activity Room #4, WC = Wellness Center, SH = Social Hall, TR = T.V. Room, #3 = Activity Room #3, TART = Terrace Art Studio

Heart Painting Portrait (TART) 3:00 PM Rachel Rose Farber - Violinist light classical & show tunes (SH) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Sunday Night Movie: Mort Sahi Stand-up comedy performance (975 & 8)	Scene (MR) 8:00 PM Monday Night Movie (975 & 8)	7:00 PM Poker Game (#2) 7:30 PM Sing Along Group (Resident Run) (MR) 8:00 PM Tuesday Night Movie (975 & 8)	7:00 PM Poker Game (#2) 8:00 PM Ballet Film (975 & 8)			
16	17	18	19	20	21	22
9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 12:30 PM Bridge (Resident Run) (#1) 1:30 PM Trivia with Jeff (MR) 2:00 PM Sunday Afternoon Movie: (975 & 8) 2:00 PM Adventures in Visual Art: Tu BiShvat Art painting project (TART) 3:00 PM BW & The Danger - Acoustic oldies Trio (SH) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Sunday Night Movie (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Iris Music Project: The Presidents favorite music with the trio (SH) 11:30 AM Walking Club (Meet at the Front Desk) 2:00 PM Short Story Group (TR) 2:00 PM Bingo (MR) 3:00 PM Learning and Discussion with Nina: False Messiah Shab Tai ZVi (MR) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Monday Night Movie (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 10:15 AM Iris Music: Open Rehearsal with the trio (NL) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Resident Town Hall (SH) 2:00 PM Brain Fitness with Dana (#4) 3:00 PM Iris Music Project: Life and Work of Igor Stravinsky with Joanna (SH) 7:00 PM Poker Game (#2) 7:30 PM Sing Along Group (Resident Run) (MR) 8:00 PM Tuesday Night Movie (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Guided Meditation (975 & 8) 11:00 AM Hadassah Meeting: (MR) 11:00 AM History Discussion Group (TR) 11:00 AM Art with Martina (TART) 11:30 AM Walking Club (Meet at the Front Desk) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Ring House Singers with Roz and Jiyoung 1:00 PM Iris Music Project: Ring House Singers with Roz and Jiyoung (MR) 2:00 PM Jewish Scholar: (MR) 3:00 PM Perspectives (Current Events) (MR) 7:00 PM Poker Game (#2)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 1:00 PM Ice Cream Thursdays (NL) 2:00 PM Chug Ivri- Hebrew Club (TR) 2:00 PM Bingo (MR) 2:00 PM Ping Pong/Pool Playing (#3) 3:00 PM Ari Jacobson - Great American Songbook (SH) 7:00 PM Poker Game (Resident Run) (#2) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Thursday Night Movie (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Iris Music Project: The Entertainers of Las Vegas with Lauren (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour (NL) 3:00 PM Music Committee with Lauren 3:00 PM Iris Music Project: Music Committee with Lauren (#4) 4:15 PM Shabbat Services (MR) 8:30 PM Friday Night Movie (975 & 8)	9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 2:00 PM Saturday Afternoon Movie (975 & 8) 3:00 PM Yiddish Speaking group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Saturday Night Movie (975 & 8)
23	24	25	26	27	28	
9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM News & Views with Stan Wolf (#4) 12:30 PM Bridge (Resident Run) (#1) 1:30 PM Trivia with Jeff (MR) 2:00 PM Sunday Afternoon Movie: (975 & 8) 2:00 PM Adventures in Visual Art: Black History Artist painting (TART) 3:00 PM L'Chaim Chorale Performance (SH) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Sunday Night Movie (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Iris Music Project: Celebrating African American Composers with Jiyoung and Lauren (SH) 11:30 AM Walking Club (Meet at the Front Desk) 2:00 PM Bingo (MR) 3:00 PM Gail Shanta - Harp (SH) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Monday Night Movie (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 10:15 AM Iris Music: Open Rehearsal with Lauren and Jiyoung (NL) 12:30 PM Bridge (Resident Run) (#1) 2:00 PM Technology Support with Jonathan (Please sign up at the front desk) (TR) 3:00 PM Iris Music Project: Longing For Spring in Music and Verse with Joanna (SH) 7:00 PM Poker Game (#2) 7:30 PM Sing Along Group (Resident Run) (MR) 8:00 PM Tuesday Night Movie (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Guided Meditation (975 & 8) 11:00 AM Great Courses: Jewish Intellectual History: 16th to 20th Century (Lecture 3 & 4) (MR) 11:30 AM Walking Club (Meet at the Front Desk) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Ring House Singers with Roz and Jiyoung 1:00 PM Iris Music Project: Ring House Singers with Roz and Jiyoung (MR) 2:00 PM Jewish Scholar: (MR) 3:00 PM Perspectives (Current Events) (MR) 7:00 PM Poker Game (#2) 7:30 PM The Columbia Jazz Band 8:00 PM Ballet Film (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM Jewish Art Education (MR) 1:00 PM Ice Cream Thursdays (NL) 2:00 PM Bingo (MR) 2:00 PM Ping Pong/Pool Playing (#3) 3:00 PM Bad Influence Trio - Rhythm & Blues Trio (SH) 7:00 PM Poker Game (Resident Run) (#2) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Thursday Night Movie (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Iris Music Project: Celebrating Aretha Franklin with Lauren (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour (NL) 1:00 PM Creativity Plus (Poetry Pros and Puppeteering) (#4) 2:00 PM Deb Bucci - Folk & rhythm guitarist and vocalist (SH) 4:15 PM Shabbat Services (MR) 7:15 PM Zemirot (#4) 8:30 PM Friday Night Movie (975 & 8)	

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