



שנה טובה

High Holidays Services
2024/5785



Charles E. Smith
LIFE COMMUNITIES

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Tishrei 5785
October 2024

Dear CESLC Community,

The High Holidays, Rosh Hashanah and Yom Kippur, are upon us—days when we return to God. As humans, we have made mistakes before God and humanity. This is our time to seek forgiveness for our wrongs, trusting in God’s ultimate forgiveness.

These days are known as *Yamim Noraim*, the Days of Awe, when we feel a heightened presence of God in our lives. The time between Rosh Hashanah and Yom Kippur, often called the Days of Repentance, might better be understood as the Days of Return. This expression reflects the dual nature of these days: Are they filled with awe or awesomeness? Are they days of judgment, or days when we feel God’s presence?

This past year has been the most challenging for the Jewish people since the Holocaust. The atrocities of October 7th left us in deep sorrow for the victims and their families, and the kidnapping of 240 people shook us to our core. We have struggled to understand why. The subsequent war in Israel has resulted in the loss of many innocent lives, and antisemitism has increased. Amidst this turmoil, we have also seen an outpouring of support from allies.

As we approach these holidays, nearly a year since the conflict began, our hope for an end feels distant. Yet, in these days, we feel the awesome power of God and find ourselves returning to Him. It is a time to feel God’s presence and compassion, to converse with God, asking for peace, for the rescue of hostages, and for understanding of our place in these times.

Victor Hugo once said, “To love another person is to see the face of God.” While we cannot see God directly, and it may be difficult to feel or hear Him, we often find His presence through our community. During these High Holidays, let us draw near to one another, finding God’s compassion, consolation, and holiness in each other.

Shana Tova,



Rabbi Daniel Braune-Friedman
Senior Rabbi/Director, Spiritual Life | Charles E. Smith Life Communities
240-283-3879 | braune-friedman@ceslc.org

Erev Rosh Hashanah | Day 1 **Wednesday**, October 2

LANDOW HOUSE

Evening Service	4 p.m.	Theater	Rabbah Arlene Berger/ Cantorial Soloist Joan Wolf
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REVITZ HOUSE

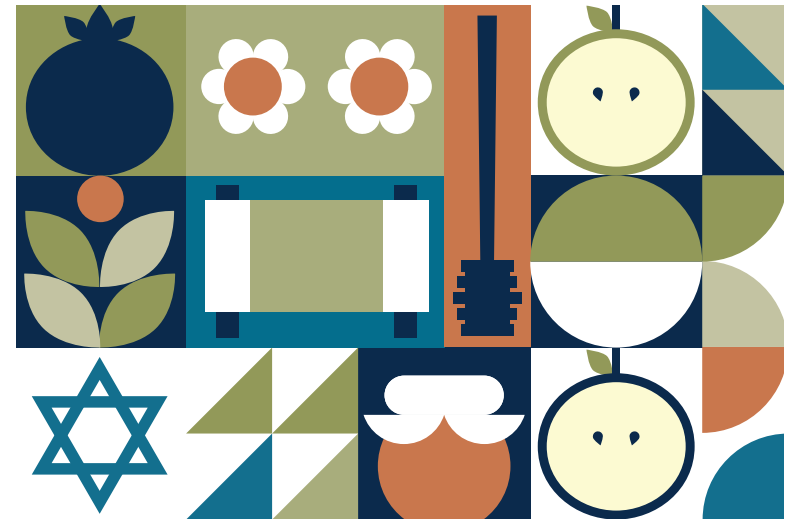
Evening Service	6:30 p.m.	Activity Center	Cantor David Morris
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RING HOUSE

Evening Service	6:15 p.m.	Evelyn Auerbach Social Hall	Rabbi Shlomo Zacharow
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WASSERMAN RESIDENCE

Evening Service	4 p.m.	Social Hall	Cantor Jeff Moss/ Rabbi Daniel Braune- Friedman
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Rosh Hashanah | Day 1

Thursday, October 3

LANDOW HOUSE

Morning Service with Shofar	10:30 a.m.	Theater	Rabbah Arlene Berger/ Cantorial Soloist Joan Wolf
Spiritual Tashlich	Noon	Theater	Rabbah Arlene Berger/ Cantorial Soloist Joan Wolf
Tashlich	3 p.m.	Meet at Cohen-Rosen, walk to B'nai pond	Rabbi Daniel Braune-Friedman

REVITZ HOUSE

Morning Service with Shofar	10 a.m.	Activity Center	Cantor David Morris
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RING HOUSE

Morning Service with Shofar	10 a.m.	Evelyn Auerbach Social Hall	Rabbi Shlomo Zacharow
Tashlich	3 p.m.	Activity Center	Rabbi Daniel Braune-Friedman
Evening Service	7 p.m.	Evelyn Auerbach Social Hall	Rabbi Shlomo Zacharow

SMITH-KOGOD RESIDENCE

Morning Service with Shofar	11 a.m.	Yetta Krupsaw and Samuel Paul Cohen Social Hall	Cantor Marcia Friedman
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WASSERMAN RESIDENCE

Morning Service with Shofar	10 a.m.	Social Hall	Cantor Jeff Moss/ Rabbi Alana Suskin/ Rabbi Daniel Braune-Friedman
Evening Service	4 p.m.	Social Hall	Rabbi Daniel Braune-Friedman

Rosh Hashanah | Day 2

Friday, October 4

LANDOW HOUSE

Morning Service with Shofar	10:30 a.m.	Theater	Rabbah Arlene Berger/ Cantorial Soloist Joan Wolf
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REVITZ HOUSE

Morning Service with Shofar	10 a.m.	Activity Center	Cantor David Morris
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RING HOUSE

Morning Service with Shofar	10 a.m.	Evelyn Auerbach Social Hall	Rabbi Shlomo Zacharow
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SMITH-KOGOD RESIDENCE

Morning Service with Shofar	11 a.m.	Yetta Krupsaw and Samuel Paul Cohen Social Hall	Cantor Marcia Friedman
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WASSERMAN RESIDENCE

Morning Service with Shofar	10 a.m.	Social Hall	Cantor Jeff Moss/ Rabbi Alana Suskin/ Rabbi Daniel Braune-Friedman
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Need a Lulav for Sukkot?

Contact Rabbi Dan:

240-283-3879

braune-friedman@ceslc.org

Erev Yom Kippur

Friday, October 11

LANDOW HOUSE

Musical Prelude to Kol Nidre	11 a.m.	Theater	Iris Music Project
Kol Nidre	4 p.m.	Theater	Rabbah Arlene Berger/ Cantorial Soloist Joan Wolf

REVITZ HOUSE

Musical Prelude to Kol Nidre	1:30 p.m.	Activity Center	Iris Music Project
Kol Nidre	6:30 p.m.	Activity Center	Cantor David Morris

RING HOUSE

Musical Prelude to Kol Nidre	11 a.m.	Evelyn Auerbach Social Hall	Iris Music Project
Kol Nidre	6:30 p.m.	Evelyn Auerbach Social Hall	Rabbi Shlomo Zacharow

SMITH-KOGOD RESIDENCE

Musical Prelude to Kol Nidre	2 p.m.	Yetta Krupsaw and Samuel Paul Cohen Social Hall	Iris Music Project
Kol Nidre	4 p.m.	Yetta Krupsaw and Samuel Paul Cohen Social Hall	Cantor Marcia Friedman/ Rabbi Daniel Braune-Friedman

WASSERMAN RESIDENCE

Musical Prelude to Kol Nidre	3:30 p.m.	Elizabeth Gelman Kossow Lobby	Iris Music Project
Kol Nidre	6:30 p.m.	Social Hall	Cantor Jeff Moss

Yom Kippur

Saturday, October 12

LANDOW HOUSE

Morning Service with Yizkor	10:30 a.m.	Theater	Rabbah Arlene Berger/ Cantorial Soloist Joan Wolf
Afternoon Discussion	3 p.m.	Theater	Rabbah Arlene Berger/ Cantorial Soloist Joan Wolf
Mincha/Neila	4 p.m.	Theater	Rabbah Arlene Berger/ Cantorial Soloist Joan Wolf
Fast Ends	7:14 p.m.		

REVITZ HOUSE

Morning Service with Yizkor	10 a.m.	Activity Center	Cantor David Morris
Afternoon Discussion	3:45 p.m.	Activity Center	Cantor David Morris
Neila	6 p.m.	Activity Center	Cantor David Morris
Final Shofar and Fast Ends	7:14 p.m.		Rabbi Daniel Braune-Friedman

RING HOUSE

Morning Service with Yizkor	10 a.m.	Evelyn Auerbach Social Hall	Rabbi Shlomo Zacharow
Neila	6 p.m.	Evelyn Auerbach Social Hall	Rabbi Shlomo Zacharow
Final Shofar and Fast Ends	7:14 p.m.	Evelyn Auerbach Social Hall	Rabbi Shlomo Zacharow

SMITH-KOGOD RESIDENCE

Morning Service	11 a.m.	Yetta Krupsaw and Samuel Paul Cohen Social Hall	Cantor Marcia Friedman
Afternoon Discussion	2 p.m.		Rabbi Daniel Braune-Friedman
Fast Ends	7:14 p.m.		

Yom Kippur (Cont.)

Saturday, October 12

WASSERMAN RESIDENCE

Morning Service with Yizkor 9:30 a.m. Social Hall Cantor Jeff Moss/
Rabbi Alana Suskin/
Rabbi Daniel Braune-Friedman

Afternoon Discussion 3 p.m. Synagogue Rabbi Daniel Braune-Friedman

Mincha/Neila 5:30 p.m. Social Hall Cantor Jeff Moss/
Rabbi Daniel Braune-Friedman

Fast Ends 7:14 p.m.

Sukkot | Day 1

Thursday, October 17

LANDOW HOUSE

Morning Service 10:30 a.m. Theater Rabbah Arlene Berger

REVITZ HOUSE

Morning Service 10 a.m. Activity Center Emily Howard Meyer

RING HOUSE

Morning Service 10:30 a.m. Meeting Room Rabbi Mark Raphael

SMITH-KOGOD RESIDENCE

Morning Service 10:30 a.m. Yetta Krupsaw and Samuel Paul Cohen Social Hall Rabbi Daniel Braune-Friedman

WASSERMAN RESIDENCE

Morning Service 10:30 a.m. Social Hall Cantor Jeff Moss

Sukkot | Day 2

Friday, October 18

LANDOW HOUSE

Morning Service 10:30 a.m. Theater Rabbah Arlene Berger

REVITZ HOUSE

Morning Service 10 a.m. Activity Center Emily Howard Meyer

RING HOUSE

Morning Service 10:30 a.m. Meeting Room Rabbi Mark Raphael

WASSERMAN RESIDENCE

Morning Service 10:30 a.m. Social Hall Cantor Jeff Moss

Shemini Atzeret

Thursday, October 24

LANDOW HOUSE

Morning Service and Yizkor 10:30 a.m. Theater Rabbah Arlene Berger

REVITZ HOUSE

Morning Service and Yizkor 10 a.m. Activity Center Emily Howard Meyer

RING HOUSE

Morning Service and Yizkor 10:30 a.m. Meeting Room Rabbi Mark Raphael

WASSERMAN RESIDENCE

Morning Service and Yizkor 10:30 a.m. Social Hall Cantor Jeff Moss

Simchat Torah

Friday, October 25

LANDOW HOUSE

Hakafot and Kiddush 10:30 a.m. Theater Rabbah Arlene Berger/
Cantorial Soloist Joan Wolf

REVITZ HOUSE

Hakafot and Kiddush 10:30 a.m. Activity Center Emily Howard Meyer

RING HOUSE

Hakafot and Kiddush 3 p.m. Meeting Room Rabbi Daniel Braune-
Friedman

SMITH-KOGOD RESIDENCE

Hakafot and Kiddush 10:30 a.m. Yetta Krupsaw
and Samuel Paul
Cohen Social Hall Rabbi Bruce Aft

WASSERMAN RESIDENCE

Hakafot and Kiddush 2 p.m. Elizabeth Gelman
Kossow Lobby Rabbi Daniel Braune-
Friedman

Clergy Biographies



RABBI DANIEL BRAUNE-FRIEDMAN CHARLES E. SMITH LIFE COMMUNITIES DIRECTOR OF SPIRITUAL LIFE/SENIOR RABBI

Rabbi Daniel Braune-Friedman is director of spiritual life and senior rabbi at CESLC. He came to CESLC in 2018 after his tenure as director of pastoral care at Hebrew Healthcare and National Healthcare in West Hartford, Connecticut. Braune-Friedman was born in Montrose, New York, and graduated from the University of

Massachusetts Amherst.

He studied at Yeshivat Darchei Noam in 2001 and began rabbinical school at Yeshivat Chovevei Torah in 2004. He became a chaplain at Oxford University in 2009. During his tenure at Oxford, he provided support to students, faculty members and community lay leaders. He returned to the United States after four years to complete his healthcare chaplaincy training at Hartford Hospital in Connecticut.

Rabbi Braune-Friedman is a board-certified chaplain through Neshama: Association of Jewish Chaplains.



RABBAH ARLENE BERGER

Rabbah Arlene Berger has worked as a chaplain at Hebrew Home of Greater Washington since 2008. She and her children, Jennie and Alex, were the first people to lead Kabbalat Shabbat services at Landow House upon its opening.

Rabbah Berger is rabbi at Hevrat Shalom in Rockville, MD. She is also a chaplain for the Jewish Social Service Agency Community in Silver Spring, MD.

A graduate of the Reconstructionist Rabbinical College, Rabbah Berger earned MSW and MBA degrees from Boston College, as well as a certificate in gerontology. Prior to becoming a rabbi, she spent many years working as a social worker, gerontologist, senior mobility specialist and Jewish educator.



CANTOR MARCIA FRIEDMAN

Cantor Friedman serves as cantor at Temple Israel of Northern Westchester in Lake Peekskill, New York, and has enjoyed being involved with Jewish music activities since her childhood in Brooklyn.

She has been a music teacher in Hebrew schools since she was 18 years old, and after graduating from Hunter College, taught vocal music and drama in public schools.

In the secular sphere, Cantor Friedman has sung professionally at regional and off-Broadway venues in New York. When she is not teaching or vocal coaching, she enjoys time with her five grandchildren, three of whom live in Rockville.



LAUREN LATESSA WITH CELLO CROSSING

Lauren Latessa, cellist and founder of Iris Music Project, has dedicated her career to exploring the ways music can infuse and transform communities. Her innovative work has earned her awards and recognition from the Tarisio Trust, the Association of Jewish Aging Services and the National Arts Strategies. Lauren holds degrees from Peabody Conservatory,

Johns Hopkins University and Northwestern University. For these performances, she is joined by her colleagues from the Iris Music Project and the Cello Crossing ensemble.



EMILY HOWARD MEYER

Emily Howard Meyer is an accomplished Jewish educator, composer, arranger, conductor, teacher, singer, and pianist. She is the owner of oySongs.com, a Jewish music distribution website and ComposerGirl Publications, a music publication company. Currently, she is serving as a student rabbi and chaplain intern at CESLC while she is a full-time rabbinical student at the Academy for Jewish Religion in New York

She received a double Bachelor of Music degree in Piano Performance and Theory/Composition at the University of Northern Colorado in Greeley and a Masters of Music in Composition from the Peabody Conservatory of Johns Hopkins University. An avid teacher, Emily has taught all aspects of music at Eastern Wyoming College, Finger Lakes Community College and the Omaha Conservatory of Music.

Howard Meyer lives in Rockville with her husband Gabe, their teenage twins Ella and Owen, and three cats. She has an active artistic life as a weaver, knitter, spinner, felter, dyer, potter, carpenter, cake maker, and gluten-free baked goods inventor.



CANTOR JEFF MOSS

Cantor Jeff Moss has been leading High Holiday services at Hebrew Home of Greater Washington since 1986. He has led services on Shabbat at Wasserman Residence regularly since 1999 and has also led the sedarim on Passover.

Cantor Moss was born in Brooklyn, New York, where he attended Jewish day school and learned the liturgy from his father, Cantor Louis Moss, z”l, and his grandfather, Rabbi Aaron Masliansky, z”l. He grew up at Town and Village Synagogue in lower Manhattan, where his father was the cantor.

Upon graduating from New York University and SUNY-Binghamton, Cantor Moss moved to the Washington, D.C., area where he worked for IBM. He currently works in information technology for GEICO.

Cantor Moss is a member of B’nai Israel Congregation and has been active in the congregation, serving as men’s club president and ritual vice president. He also was president of the Seaboard Region of the Federation of Jewish Men’s Clubs (FJMC). He continues to be active in the FJMC and was awarded its Regional Man of the Year Award in 2013.



RABBI MARK RAPHAEL

Rabbi Raphael will again be with us for Sukkot. A graduate of Clark University in Worcester, Massachusetts, he received a master’s degree in Jewish education and Jewish studies, in addition to his ordination from the Jewish Theological Seminary in New York. He has more than 31 years of pulpit leadership from congregations in Connecticut, New York and Maryland.

He retired from leading congregations in 2012. He began his formal chaplaincy training at Shady Grove Hospital and continued his clinical pastoral education at CESLC.



RABBI ALANA SUSKIN

Rabbi Suskin is Associate Regional Director at J Street. She is a long-time activist for the two-state solution, serving on the executive board of T’ruah for many years and as Director of Strategic Communications at Americans for Peace Now.

Recognizing the importance of interfaith understanding and cooperation, she has been a vocal proponent of fostering dialogue between different religious communities. Her efforts in interfaith initiatives, such as the non-profit she co-founded in 2017, The Pomegranate Initiative, have helped build bridges of understanding, emphasizing the shared values that can unite people of diverse backgrounds in the pursuit of peace. In 2021, she served as one of the moderators of the Clubhouse room, “Meet Palestinians and Israelis,” a live conversation which surpassed half a million participants in a two-week marathon of direct conversations between Palestinian and Israeli speakers, as well as Jews, Muslims, Christians and others in the largest citizen diplomatic effort in history. She served as a chair of the Maryland Poor People’s campaign for five years, building bridges with faith leaders working to dismantle structural barriers to equality in the US.

An accomplished writer and thought leader, Rabbi Suskin’s writings have provided a thoughtful and compassionate perspective on how Jewish values can inspire activism and promote reconciliation.



CANTORIAL SOLOIST JOAN WOLF

Wolf is currently the cantorial soloist at Hevrat Shalom in Rockville and previously served as president of Zemer Chai, the Jewish chorale of the nation’s capital.

In her teens, she served as vice president of the B’nai B’rith Youth Organization Chicago Council and was a member of their auditioned choral ensemble.

Wolf has a degree in music and vocal performance from American University where she produced and performed in theatrical productions and in choirs, madrigal groups and recitals.

Wolf is vice president of Gerlach Real Estate, Inc. and has been a real estate sales agent since 1980.



RABBI SHLOMO ZACHAROW

Rabbi Shlomo Zacharow has been leading High Holiday services in a variety of capacities for the last 25 years and joins us once again at CESLC.

He received his master’s degree and rabbinic ordination from the Schechter Rabbinical Seminary and now serves on its board of trustees. He has an additional investiture from the Beit Midrash for Israeli Rabbis, affiliated with The Shalom Hartman Institute and HaMidrasha at Oranim. He studied hazzanut at the Jerusalem Cantorial Institute.

Rabbi Zacharow is currently chairman of the Israel Rabbinical Assembly Law Committee and director of the Masorti Movement Bet Din for Divorces. He serves on the faculty of the Conservative Yeshiva and works in rabbinic development for Masorti Olami.

Jewish Holidays 5785

2024

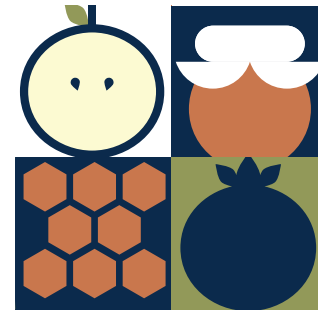
Rosh Hashanah	October 3–4
Tzom Gedaliah	October 6
Yom Kippur	October 12
Sukkot, First Days	October 17–18
Sukkot, Chol HaMoed	October 19–23
Shemini Atzeret	October 24
Simchat Torah	October 25
Chanukah	December 26, 2024– January 2, 2025

2025

Tu Bishvat	February 13
Fast of Esther/Purim Night	March 13
Purim Day	March 14
Passover, First Days	April 13–14
Passover, Chol HaMoed	April 15–18
Passover 7th Day	April 19
Passover 8th Day	April 20
Yom Hashoah	April 24
Yom Hazikaron	April 29
Yom Ha’atzmaut	April 30
Lag Ba’omer	May 16
Shavuot, First Day	June 2–3
Tzom 17 Tammuz	July 13
Tisha B’Av	August 3

Jewish holidays begin at sundown the day before.

High Holidays Explained



Rosh Hashanah, also known as the Jewish New Year, is one of the most significant and solemn holidays in the Jewish calendar. It marks the beginning of the Ten Days of Repentance, a period of introspection and spiritual reflection that culminates in Yom Kippur, the Day of Atonement. Rosh Hashanah usually falls in September or October, on the first and second days of the Jewish month of Tishrei.

On this day we blow the ram's horn, known as the *shofar*, which calls our attention to God's ruling power in the universe. We also eat special foods as ways to pray, like apples and honey to ask for sweetness and wholeness in the year ahead.



Rosh Hashanah is a time of reflection, renewal, and hope for a brighter future. It is a reminder to take stock of one's actions, seek forgiveness and reconciliation, and set positive intentions for the coming year. The holiday fosters a sense of community and unity among Jewish people worldwide as they embark on this spiritual journey together.



Yom Kippur, also known as the Day of Atonement, is the holiest and most solemn day in the Jewish calendar. It falls on the 10th day of the Jewish month of Tishrei, exactly ten days after Rosh Hashanah, the Jewish New Year. Yom Kippur is a day of fasting, prayer, and repentance, during which Jewish people seek atonement for their sins and transgressions committed during the past year. Yom Kippur concludes with the Neilah service, a powerful and emotional prayer recited as the day comes to an

end. It is believed that at this moment, the "gates of heaven" are closing, signifying the end of the Day of Atonement. After Yom Kippur, Jewish people typically break their fast with a festive meal, expressing gratitude for the opportunity to seek forgiveness and start anew in the coming year.

Sukkot, also known as the Feast of Tabernacles, is a joyous and significant Jewish holiday that follows shortly after Yom Kippur. It begins on the 15th day of the Jewish month of Tishrei and lasts for seven days, with an additional day celebrated outside of Israel, known as Shemini Atzeret. Sukkot is a time of harvest celebration, historical commemoration, and religious observance. We sit in a temporary booth, known as a sukkah, to show how important God's protection is. We also wave forth plant species, a lulav (palm frond), an etrog (citron fruit), hadassim (myrtle branches), and aravot (willow branches). Each of these items has symbolic significance, and their unity represents the diverse nature of the Jewish community.



Shemini Atzeret and Simchat Torah are two Jewish holidays that are celebrated consecutively, immediately following the seven days of Sukkot. In some Jewish communities, they are considered as one combined holiday, while in others, they are observed as distinct celebrations.



Shemini Atzeret, which translates to “the eighth day of assembly,” is celebrated on the 22nd day of the Jewish month of Tishrei, one day after the conclusion of Sukkot. It is a separate holiday, though it is often grouped together with Sukkot due to its proximity.

Simchat Torah is a day of immense joy and celebration. Synagogues are filled with singing, dancing, and merriment as the Torah scrolls are taken from the ark and paraded around the synagogue in a series of seven hakafot (circuits).

Shemini Atzeret and Simchat Torah together mark the conclusion and renewal of the annual Torah reading cycle. These holidays hold great significance in Jewish tradition, fostering a sense of community, celebration, and commitment to the study and observance of the Torah.

Charles E. Smith Life Communities
delivers quality care and meaningful life
experiences to older adults, with dignity and
compassion rooted in Jewish values.



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