

March 2025



Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 2:00 PM Saturday Afternoon Movie: Sherlock Holmes Faces Death (975 & 8) 3:00 PM Yiddish Speaking group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 7:15 PM Music Listening Evening: London Symphony Orchestra playing music by Offenbach, Anderson, Strauss, Rossini (#4) 8:00 PM Saturday Night Movie: Count Basie orchestra concert (1962) (975 & 8)
2 9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 12:30 PM Bridge (Resident Run) (#1) 1:30 PM Trivia with Jeff (MR) 2:00 PM Sunday Afternoon Movie: A Farewell to Arms (1932) (975 & 8) 2:00 PM Adventures in Visual Art: Decorate Purim	3 9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Iris Music Project: Painting to Music with the Trio (SH) 11:30 AM Walking Club (Meet at the Front Desk) 1:00 PM NEW SPEAKER: There's No Such Thing as a small Mitzvah with Danny Siegel (MR) 2:00 PM Bingo (MR) 2:00 PM Ping Pong/Pool Playing (#3) 3:00 PM Learning and Discussion with Nina: Theodore Herzl (MR) 7:15 PM Mahjong Game (Resident Run) (#1)	4 10:00 AM Movement (In Person) (SH) 10:15 AM Iris Music: Classical Music with Jiyoung in the lobby (NL) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Health Care Fraud with Marsha (MR) 2:00 PM Adventures in Visual Art: Decorate your own Purim Masks and/or Crowns (will be displayed in the display case in the lobby) (TART) 2:00 PM 30 min Stretch Class	5 9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Guided Meditation (975 & 8) 11:00 AM History Discussion Group (TR) 11:00 AM Art with Martina (TART) 11:00 AM Great Courses: Jewish Intellectual History: 16th-20th Century (5 & 6) (MR) 11:30 AM Walking Club (Meet at the Front Desk) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Iris Music Project: Ring	6 10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM NEW LECTURE SERIES: The Life and Legacy of the Prophet Samuel (Part 1) with Steve Kerbel (MR) 1:00 PM Ice Cream Thursdays (NL) 2:00 PM Chug Ivri- Hebrew Club (TR) 2:00 PM Bingo (MR) 3:00 PM Bruce Gardner - Rhythm & Blues, Soul, Motown (SH) 7:00 PM Poker Game (Resident Run) (#2)	7 9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Iris Music Project: Ladies First-Women Who Broke Barriers in the Arts (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour (NL) 3:00 PM Iris Music Project: Music Committee with Lauren (#4) 4:15 PM Shabbat Services (MR) 8:30 PM Friday Night Movie: Classic T.V. Show Carol Burnett Show with Carol Channing and Steve Lawrence (975 & 8)	8 9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 2:00 PM Saturday Afternoon Movie: Mount Hideaway Mystery: Heartache and Homecoming (975 & 8) 3:00 PM Yiddish Speaking group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8)

Bold activity = Sign up mandatory

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<p>Masks and/or Crowns (will be displayed in the display case) (TART)</p> <p>3:00 PM Rear View Mirror Performance (60's, 70's, 80s) (SH)</p> <p>3:15 PM Mahjong Game (Resident run) (#1)</p> <p>4:00 PM Seated Chair Exercise: Yoga (975 & 8)</p> <p>7:00 PM Poker Game (#2)</p> <p>7:30 PM Comedy Night (MR)</p> <p>8:00 PM Sunday Night Movie: Baby Boom (975 & 8)</p>	<p>7:30 PM Movie in the Meeting Room: How to Lose a Guy in 10 Days (MR)</p> <p>8:00 PM Monday Night Movie: His Girl Friday (975 & 8)</p>	<p>with Josh (SH)</p> <p>3:00 PM Bill Zee - Mardis Gras Music (SH)</p> <p>7:00 PM Poker Game (#2)</p> <p>7:30 PM Sing Along Group (Resident Run) (MR)</p> <p>8:00 PM Tuesday Night Movie: Country (975 & 8)</p>	<p>House Singers with Roz and Jiyoung (MR)</p> <p>2:00 PM Jewish Scholar: The Illuminated Esther with Rabbi David Greenspoon (MR)</p> <p>3:00 PM Perspectives (Current Events) (MR)</p> <p>7:00 PM Poker Game (#2)</p> <p>8:00 PM Wednesday Movie Night: Ballet: Tchaikovsky's The Sleeping Beauty</p>	<p>7:30 PM Movie in the Meeting Room: Rumor Has It (MR)</p> <p>8:00 PM Thursday Night Movie: 100 Years of Women's Voting Rights (975 & 8)</p>	<p>7:00 PM Poker Game (#2)</p> <p>8:00 PM Barbra Streisand Concert (1994) (975 & 8)</p>	
9	10	11	12	13	14	15
<p>9:00 AM Soothing Nature Sounds (975 & 8)</p> <p>10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p>11:00 AM News & Views with Stan Wolf (#4)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:30 PM Trivia with Jeff (MR)</p> <p>2:00 PM NEW PROGRAM: Technology Class with Zoe (#4)</p> <p>2:00 PM Sunday Afternoon Movie: Mona Lisa Smile (975 & 8)</p> <p>2:00 PM Adventures in Visual Art: Decorate Purim Masks and/or Crowns (will be displayed in the display case) (TART)</p> <p>3:00 PM Janet Greene - Violin: Classical and/or Singalong (SH)</p> <p>3:15 PM Mahjong Game (Resident run) (#1)</p> <p>4:00 PM Seated Chair Exercise: Yoga (975 & 8)</p> <p>7:00 PM Poker Game (#2)</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Movement (SH)</p> <p>11:30 AM Walking Club (Meet at the Front Desk)</p> <p>1:00 PM Theater J: Sketch Comedy with Nikki Crawford (TR)</p> <p>2:00 PM Bingo (MR)</p> <p>2:00 PM Ping Pong/Pool Playing (#3)</p> <p>3:00 PM Guitarist Vladimir Friedman Performance (SH)</p> <p>7:15 PM Mahjong Game (Resident Run) (#1)</p> <p>7:30 PM Movie in the Meeting Room: (MR)</p> <p>8:00 PM Monday Night Movie (975 & 8)</p>	<p>10:00 AM Movement (In Person) (SH)</p> <p>10:15 AM Iris Music: Open Rehearsal (NL)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM New PROGRAM: Israeli/folk Dancing (MR)</p> <p>2:00 PM Adventures in Visual Art: Purim Collages (TART)</p> <p>3:00 PM Iris Music Project: Women Conductors with Joanna (SH)</p> <p>7:00 PM Poker Game (#2)</p> <p>7:30 PM Sing Along Group (Resident Run) (MR)</p> <p>8:00 PM Tuesday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Movement (SH)</p> <p>11:00 AM Guided Meditation (975 & 8)</p> <p>11:00 AM Great Course: Jewish Intellectual History: 16th to 20th Century (Lecture 7 & 8) (MR)</p> <p>11:30 AM Walking Club (Meet at the Front Desk)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Iris Music Project: Ring House Singers with Roz and Jiyoung (MR)</p> <p>2:00 PM Jewish Scholar: (MR)</p> <p>3:00 PM Laurie Mangold - Rock, Folk (SH)</p> <p>7:00 PM Singer and Keyboardist Bob Clark Performance (SH)</p> <p>7:00 PM Poker Game (#2)</p> <p>8:00 PM Ballet Film (975 & 8)</p>	<p>10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p>11:00 AM The Life and Legacy of the Prophet Samuel (Part 2) (MR)</p> <p>1:00 PM Ice Cream Thursdays (NL)</p> <p>2:00 PM Bingo (MR)</p> <p>3:00 PM Charles Lowerly Music Performance Harmonica and Singing (SH)</p> <p>7:00 PM Poker Game (Resident Run) (#2)</p> <p>7:30 PM Movie in the Meeting Room: (MR)</p> <p>7:45 PM Purim Magilla reading (MR)</p> <p>8:00 PM Thursday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Purim Megillah Reading with Cantor Redfern (MR)</p> <p>11:00 AM Iris Music Project: The Megillah Goes to Broadway! with Lauren (MR)</p> <p>11:00 AM Purim Speil (SH)</p> <p>12:00 PM Children's Parade (MR)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Happy Hour (NL)</p> <p>1:00 PM Creativity Plus (Poetry Pros and Puppeteering) (#4)</p> <p>3:00 PM Iris Music Project: Drum Circle with Lauren (#4)</p> <p>4:15 PM Shabbat Services (MR)</p> <p>7:15 PM Zemirot (#4)</p> <p>8:30 PM Friday Night Movie (975 & 8)</p>	<p>9:00 AM Soothing Nature Sounds (975 & 8)</p> <p>10:00 AM Movement (975 & 8)</p> <p>10:30 AM Shabbat Services (MR)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Scrabble Games (Resident Run) (#2)</p> <p>2:00 PM Saturday Afternoon Movie (975 & 8)</p> <p>3:00 PM Yiddish Speaking group (NL)</p> <p>4:00 PM Seated Chair Exercise: Yoga (975 & 8)</p> <p>7:00 PM Poker Game (#2)</p> <p>7:15 PM Music Listening Evening (#4)</p> <p>8:00 PM Saturday Night Movie (975 & 8)</p>

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8:00 PM Sunday Night Movie: Ninotchka (975 & 8)						
16	17	18	19	20	21	22
<p>9:00 AM Soothing Nature Sounds (975 & 8)</p> <p>10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:30 PM Trivia with Jeff (MR)</p> <p>2:00 PM Sunday Afternoon Movie: (975 & 8)</p> <p>2:00 PM Adventures in Visual Art: (TART)</p> <p>3:00 PM Gene Isayev Duo - Classical (SH)</p> <p>3:15 PM Mahjong Game (Resident run) (#1)</p> <p>4:00 PM Seated Chair Exercise: Yoga (975 & 8)</p> <p>7:00 PM Poker Game (#2)</p> <p>8:00 PM Sunday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Movement (SH)</p> <p>11:00 AM Iris Music Project: Beyond the Barre: Music from Ballet Scenes with Eliana, Jiyoung and Joanna (SH)</p> <p>11:30 AM Walking Club (Meet at the Front Desk)</p> <p>1:00 PM Theater J: Sketch Comedy with Nikki Crawford (TR)</p> <p>2:00 PM Short Story Group (TR)</p> <p>2:00 PM Bingo (MR)</p> <p>2:00 PM Ping Pong/Pool Playing (#3)</p> <p>3:00 PM Learning and Discussion with Nina: Irish- Israel Connection (MR)</p> <p>7:15 PM Mahjong Game (Resident Run) (#1)</p> <p>7:30 PM Movie in the Meeting Room: (MR)</p> <p>8:00 PM Monday Night Movie (975 & 8)</p>	<p>10:00 AM Movement (In Person) (SH)</p> <p>10:15 AM Iris Music: Open Rehearsal (NL)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Resident Town Hall (SH)</p> <p>2:00 PM Adventures in Visual Art: (TART)</p> <p>3:00 PM Iris Music Project: Applachian Spring with Joanna (SH)</p> <p>7:00 PM Poker Game (#2)</p> <p>7:30 PM Sing Along Group (Resident Run) (MR)</p> <p>8:00 PM Tuesday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Movement (SH)</p> <p>11:00 AM Guided Meditation (975 & 8)</p> <p>11:00 AM Hadassah Meeting (MR)</p> <p>11:00 AM History Discussion Group (TR)</p> <p>11:00 AM Art with Martina (TART)</p> <p>11:30 AM Walking Club (Meet at the Front Desk)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Iris Music Project: Ring House Singers with Roz and Jiyoung (MR)</p> <p>2:00 PM Jewish Scholar: (MR)</p> <p>3:00 PM Perspectives (Current Events) (MR)</p> <p>7:00 PM Poker Game (#2)</p> <p>7:15 PM Aeolian Woodwinds Ensemble (SH)</p>	<p>10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p>1:00 PM Ice Cream Thursdays (NL)</p> <p>1:00 PM NEW LECTURE SERIES: The Life and Legacy of the Prophet Samuel (Part 3) (MR)</p> <p>2:00 PM Chug Ivri- Hebrew Club (TR)</p> <p>2:00 PM Bingo (MR)</p> <p>3:00 PM Helaine's Show (SH)</p> <p>7:00 PM Poker Game (Resident Run) (#2)</p> <p>7:30 PM Movie in the Meeting Room: (MR)</p> <p>8:00 PM Thursday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Movement (SH)</p> <p>11:00 AM Iris Music Project: Women's History Month: The All Girl Bands of the 1940's with Lauren (MR)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Happy Hour (NL)</p> <p>3:00 PM Iris Music Project: (#4)</p> <p>4:15 PM Shabbat Services (MR)</p> <p>8:30 PM Friday Night Movie (975 & 8)</p>	<p>9:00 AM Soothing Nature Sounds (975 & 8)</p> <p>10:00 AM Movement (975 & 8)</p> <p>10:30 AM Shabbat Services (MR)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Scrabble Games (Resident Run) (#2)</p> <p>2:00 PM Saturday Afternoon Movie (975 & 8)</p> <p>3:00 PM Yiddish Speaking group (NL)</p> <p>4:00 PM Seated Chair Exercise: Yoga (975 & 8)</p> <p>7:00 PM Poker Game (#2)</p> <p>7:30 PM Book Club (#4)</p> <p>8:00 PM Saturday Night Movie (975 & 8)</p>
23	24	25	26	27	28	29
<p>9:00 AM Soothing Nature Sounds (975 & 8)</p> <p>10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p>11:00 AM News & Views with Stan Wolf (#4)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:30 PM Trivia with Jeff (MR)</p> <p>2:00 PM Sunday Afternoon Movie: (975 & 8)</p> <p>2:00 PM Adventures in Visual Art: (TART)</p> <p>3:00 PM Magic Dual by Mark Phillips (SH)</p> <p>3:15 PM Mahjong Game (Resident run) (#1)</p> <p>4:00 PM Seated Chair</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Movement (SH)</p> <p>11:00 AM Iris Music Project: Music of the Academy Awards with Alan and the Trio (SH)</p> <p>11:30 AM Walking Club (Meet at the Front Desk)</p> <p>1:00 PM Theater J: Sketch Comedy with Nikki Crawford (TR)</p> <p>2:00 PM Bingo (MR)</p> <p>2:00 PM Ping Pong/Pool Playing (#3)</p> <p>3:00 PM Meredith Seidel & Soul Fusion Performance (SH)</p> <p>7:15 PM Mahjong Game (Resident Run) (#1)</p> <p>7:30 PM Movie in the Meeting Room: (MR)</p> <p>8:00 PM Monday Night Movie (975 & 8)</p>	<p>10:00 AM Movement (In Person) (SH)</p> <p>10:15 AM Iris Music: Open Rehearsal (NL)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM NEW PROGRAM: Israeli/folk Dancing (MR)</p> <p>2:00 PM Adventures in Visual Art: (TART)</p> <p>7:00 PM Poker Game (#2)</p> <p>7:30 PM Sing Along Group (Resident Run) (MR)</p> <p>8:00 PM Tuesday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Movement (SH)</p> <p>11:00 AM Guided Meditation (975 & 8)</p> <p>11:00 AM Great Courses: Jewish Intellectual History: 16th to 20th Century (Lecture 9 & 10) (MR)</p> <p>11:30 AM Walking Club (Meet at the Front Desk)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Iris Music Project: Ring House Singers with Roz and Jiyoung (MR)</p> <p>2:00 PM Jewish Scholar: (MR)</p> <p>7:00 PM Poker Game (#2)</p> <p>8:00 PM Ballet Film (975 & 8)</p>	<p>10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p>11:00 AM Jewish Art Education (MR)</p> <p>1:00 PM Ice Cream Thursdays (NL)</p> <p>1:00 PM The Life and Legacy of the Prophet Samuel (Part 4) (MR)</p> <p>2:00 PM Bingo (MR)</p> <p>7:00 PM Poker Game (Resident Run) (#2)</p> <p>7:30 PM Movie in the Meeting Room: (MR)</p> <p>8:00 PM Thursday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC)</p> <p>10:00 AM Movement (SH)</p> <p>11:00 AM Iris Music Project: Mollee's Rhyme and Reason: A Light Verse Birthday Blast (MR)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Creativity Plus (Poetry Pros and Puppeteering) (#4)</p> <p>1:00 PM Happy Hour: Birthday Happy Hour with the Ring Singers (NL)</p> <p>4:15 PM Shabbat Services (MR)</p> <p>7:15 PM Zemirot (#4)</p> <p>8:30 PM Friday Night Movie (975 & 8)</p>	<p>9:00 AM Soothing Nature Sounds (975 & 8)</p> <p>10:00 AM Movement (975 & 8)</p> <p>10:30 AM Shabbat Services (MR)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Scrabble Games (Resident Run) (#2)</p> <p>2:00 PM Saturday Afternoon Movie (975 & 8)</p> <p>3:00 PM Yiddish Speaking group (NL)</p> <p>4:00 PM Seated Chair Exercise: Yoga (975 & 8)</p> <p>7:00 PM Poker Game (#2)</p> <p>7:15 PM Music Listening Evening (#4)</p> <p>8:00 PM Saturday Night Movie (975 & 8)</p>

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<p>Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 7:30 PM Comedy Night (MR) 8:00 PM Sunday Night Movie (975 & 8)</p>						
30	31					
<p>9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 12:30 PM Bridge (Resident Run) (#1) 1:30 PM Trivia with Jeff (MR) 2:00 PM Sunday Afternoon Movie: (975 & 8) 2:00 PM Adventures in Visual Art: (TART) 3:00 PM Smoke & Mirrors Magic Theater with Robert Malissa (SH) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Sunday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Celebrating Women Composers with the Trio (SH) 11:30 AM Walking Club (Meet at the Front Desk) 1:00 PM Theater J: Sketch Comedy with Nikki Crawford (TR) 2:00 PM Bingo (MR) 2:00 PM Ping Pong/Pool Playing (#3) 3:00 PM Learning and Discussion with Nina: (MR) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Monday Night Movie (975 & 8)</p>					

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