

Activities Calendar



Charles E. Smith
LIFE COMMUNITIES

Monday, January 13, 2025

- 9:30 AM Blood Pressure Checks
Wellness Center
- 10:00 AM Movement
Social Hall
- 11:00 AM Iris Music Project: Introduction to the Voices of Ring House: A panel discussion featuring composer Ian Power and Dana Tate
Social Hall
- 11:30 AM Walking Club (Meet at the Front Desk)
Front Desk
- 2:00 PM Bingo
Meeting Room
- 2:00 PM Iris Music: Sharing our stories
North Lobby
- 7:15 PM Mahjong Game (Resident Run)
Activity Room #1
- 7:15 PM Iris Music: Three musicians walk into a bar a skit written and performed by Ring residents.
Social Hall
- 8:00 PM Monday Night Movie: old TV show---Sid Caesar, Broadway Revue episode 4 (comedy, variety)
Channels 975 and 8

Activities Calendar



Charles E. Smith
LIFE COMMUNITIES

Tuesday, January 14, 2025

- 10:00 AM Movement with Marcus (On the big screen in the Meeting Room)
Meeting Room
- 11:00 AM Women's voices from the Bible, featuring Ring Residents
Social Hall
- 12:30 PM Bridge (Resident Run)
Activity Room #1
- 2:00 PM Festival Finale: Premiere of Ring House's new work by Ian Power
Meeting Room
- 3:00 PM Iris Music Project:
Social Hall
- 7:00 PM Poker Game
Activity Room #2
- 7:30 PM Sing Along Group (Resident Run)
Meeting Room
- 8:00 PM Tuesday Night Movie: A Dog of Flanders (drama)
Channels 975 and 8

Activities Calendar



Charles E. Smith
LIFE COMMUNITIES

Wednesday, January 15, 2025

9:30 AM Blood Pressure Checks
Wellness Center

10:00 AM Movement
Social Hall

11:00 AM Guided Meditation
Channels 975 and 8

11:00 AM Resident Town Hall
Social Hall

11:30 AM Walking Club (Meet at the Front Desk)
Front Desk

12:30 PM Bridge (Resident Run)
Activity Room #1

1:00 PM Steve Broadway and Tours
Social Hall

2:00 PM Jewish Scholar: The Moses-God Relationship - Exodus
Edition - part 1 With Steve Kerbel
Meeting Room

3:00 PM Perspectives (Current Events)
Meeting Room

7:00 PM Poker Game
Activity Room #2

8:00 PM Opera Film: Donizetti's Lucia di Lammermoor (with English subtitles, use closed captioning)
Channels 975 and 8

Activities Calendar



Charles E. Smith
LIFE COMMUNITIES

Thursday, January 16, 2025

- 10:00 AM Movement with Marcus (On the big screen in the Meeting Room)
Meeting Room
- 1:00 PM Ice Cream Thursdays
North Lobby
- 2:00 PM Bingo
Meeting Room
- 2:00 PM Ping Pong/Pool Playing
Activity Room #3
- 3:00 PM Josh Earls From Nat King Cole to Jim Croce
Social Hall
- 7:00 PM Poker Game (Resident Run)
Activity Room #2
- 7:30 PM Movie in the Meeting Room: "How the West was Won" (Henry Cobb)
Meeting Room
- 8:00 PM Thursday Night Movie: Of Mice and Men (1939) (drama)
Channels 975 and 8

Activities Calendar



Charles E. Smith
LIFE COMMUNITIES

Friday, January 17, 2025

- 9:30 AM Blood Pressure Checks
Wellness Center
- 10:00 AM Movement
Meeting Room
- 11:00 AM Broadway Lectures and Tours with Steve Friedman
Social Hall
- 12:30 PM Bridge (Resident Run)
Activity Room #1
- 1:00 PM Happy Hour
North Lobby
- 1:00 PM Creativity Plus (Poetry Pros and Puppeteering)
Activity Room #4
- 2:00 PM Arlington opera ensemble
Social Hall
- 4:15 PM Shabbat Services
Meeting Room
- 7:15 PM Zemirot
Activity Room #4
- 8:30 PM Friday Night Movie: old radio show ---George Burns
and Gracie Allen (comedy)
Channels 975 and 8

Activities Calendar



Charles E. Smith
LIFE COMMUNITIES

Saturday, January 18, 2025

- 9:00 AM Soothing Nature Sounds
Channels 975 and 8
- 10:00 AM Movement
Channels 975 and 8
- 10:30 AM Shabbat Services
Meeting Room
- 12:30 PM Bridge (Resident Run)
Activity Room #1
- 1:00 PM Scrabble Games (Resident Run)
Activity Room #2
- 2:00 PM Saturday Afternoon Movie: Sherlock Holmes mystery-
-The Pearl of Death (Basil Rathbone)
Channels 975 and 8
- 3:00 PM Yiddish Speaking group
North Lobby
- 4:00 PM Seated Chair Exercise: Yoga
Channels 975 and 8
- 7:00 PM Poker Game
Activity Room #2
- 7:15 PM Music Listening Evening
Sun Room

8:00 PM Saturday Night Movie: Count Basie orchestra concert
(North Sea Jazz Festival 1979)
Channels 975 and 8

Activities Calendar



Charles E. Smith
LIFE COMMUNITIES

Sunday, January 19, 2025

- 9:00 AM Soothing Nature Sounds
Channels 975 and 8
- 10:30 AM Movement with Marcus (On the big screen in the Meeting Room)
Meeting Room
- 12:30 PM Bridge (Resident Run)
Activity Room #1
- 1:30 PM Trivia with Jeff
Meeting Room
- 2:00 PM Adventures in Visual Art:
Terrace Art Studio
- 2:00 PM Sunday Afternoon Movie: Alice in Wonderland (adventure, musical)
Channels 975 and 8
- 3:00 PM Jackie & Maiden Acoustic Duo
Social Hall
- 3:15 PM Mahjong Game (Resident run)
Activity Room #1
- 4:00 PM Seated Chair Exercise: Yoga
Channels 975 and 8
- 7:00 PM Poker Game
Activity Room #2

8:00 PM Sunday Night Movie: For Pete's Sake (comedy)
Channels 975 and 8

Bold activity = Sign up mandatory